



OCTOBER HEALTH · CALL FOR FACILITATORS

Grow your reach. Grow your brand.

Join our network of psychologists and facilitators, leading 15+ hours of live sessions a day for global audiences and the teams at world-class organisations.

Apply now →

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OCTOBER HEALTH · CALL FOR FACILITATORS · FOR PSYSSA MEMBERS

October Health is a proactive wellness and performance solution that helps individuals unlock their full potential — at a scale few can match. With 15+ hours of live sessions a day, always-on support, and the behavioural insight leaders act on, it reaches around 10× the engagement of a traditional EAP. The gym for your mind, built for the whole organisation. For facilitators, it's a rare chance to grow your brand and reach — putting your expertise in front of more people, more often, than any consulting room could, while building your profile with the teams at world-class client organisations. We'd love PSYSSA members to join the network that leads it.

The opportunity

You'll lead live, audio-led group sessions on anxiety, performance, resilience, focus, sleep, parenting and more — across two streams:

- Organisational sessions for our corporate clients' teams
- Open, global sessions that democratise access to mental health support at scale

Engagement is flexible and contractor-based — you're matched to sessions by availability and expertise.

Key information

ROLE Independent facilitator (contractor)

SESSIONS Live, audio-led — organisations & open global audiences

SCALE 15+ hours of live sessions a day, many languages, worldwide

CLIENTS JSE, KPMG, Old Mutual Insure, Webber Wentzel & more

ENGAGEMENT Paid, project-based, on-demand

COMPENSATION Aligned to experience

Requirements

- Registered psychologist, counsellor or related mental health / performance professional
- Minimum 5 years' relevant experience
- Proven experience facilitating groups
- Strong grounding in performance psychology, behavioural science or mental fitness
- Excellent facilitation skills — psychological concepts made practical and accessible

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Questions? Contact Leni — leni@october.health