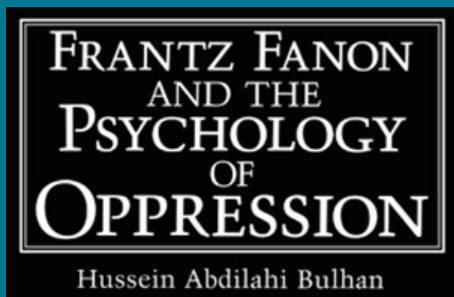


DECOLONIAL SCHOLAR PROFILE *Thinking From Africa*



Prof. Hussein Bulhan



Seminal Work

Prof Hussein Abdilahi Bulhan is a Somali psychologist and anticolonial scholar, best known for his pioneering work *Frantz Fanon and the Psychology of Oppression* (1985). Today, it remains profoundly relevant to critical anti-colonial psychology. His work speaks to:

- racialised subjectivity
- colonial violence
- alienation
- psychic consequences of domination

Major Accolades:

2020 Against the Odds Award from the International Union of Psychological Science

2021 Frantz Fanon Lifetime Achievement Award

He is described as:

“a formidable public intellectual and resilient scholar” who has “advanced psychological practice and theory under very difficult circumstances” and whose “contributions to the growth of psychology in the Global South and globally are outstanding.”

Despite tenure at the prestigious Boston University, and global recognition as an elite scholar, Prof Bulhan made the decision to return to his homeland and serve the people of Somaliland.

- Peace & Stabilization Trauma Treatment
- PTSD & psychiatric care to thousands of war victims
- Founded the Academy for Peace and Development (APD) and Frantz Fanon University, Hargeisa

A Selection of Prof Bulhan’s writing

Bulhan, H. A. (1979). Black psyches in captivity and crises. *Race & Class*, 20(3), 243-261.

Bulhan, H. A. (1980). Dynamics of cultural in-betweenity: An empirical study. *International Journal of Psychology*, 15(1-4), 105-121.

Bulhan, H. A. (1985). *Frantz Fanon and the psychology of oppression*. Springer Science & Business Media.

Bulhan, H. A. (1985). Black Americans and psychopathology: An overview of research and theory. *Psychotherapy: Theory, Research, Practice, Training*, 22(2S), 370.

Bulhan, H. A. (2015). Stages of colonialism in Africa: From occupation of land to occupation of being. *Journal of Social and Political psychology*.

ANNOUNCEMENTS

Akhona Nkwanyana, previously an additional member, is stepping into the demanding role of **secretary/treasurer**. Thank you Akhona we will support you along the way! Connect with Akhona via akhonankwanyana@gmail.com

Welcome to **Tamara Thusi**, our newest additional member who will be coordinating our **social media**. As you will see with our recent posts, she has hit the ground sprinting! Connect with Tamara via tamsthusi@gmail.com

TURN TO AFRICA & GLOBAL SOUTH READING LIST

Last year in collaboration with the ISHS and African Psychologies, we started publishing curated reading lists related to decolonising psychology. We are continuing that work this year, and invite you to refer to the reading lists on our website <https://www.psysaa.com/wp-content/uploads/2026/05/DPD-2026-Select-Reading-List-Final.pdf>

CBO DATABASE

The DPD is building a database with details of CBO's with whom PsySSA and its Divisions can have collaborative relationships. Please let us know if you can think of a CBO that might want to be on the database. Contact Barry Viljoen viljoen.barry7@gmail.com

MENTAL HEALTH CALENDAR CONTRIBUTIONS

The DPD has contributed to statements for

- World Bipolar Day - 30 March
- International Day Against Homophobia, Biphobia and Transphobia - 17 May
- Schizophrenia Awareness Day - 24 May 2026

UPCOMING SEMINAR(S)

Surfacing Decolonial Knowledges and Epistemes

A webinar is being planned for June. The date and time will be confirmed. A reading will be circulated beforehand and we will then be in discussion with the author. Details to follow soon.

PsySSA CONGRESS 2026 ROUNDTABLE

At the Congress this year we will be hosting a roundtable

Turn to Africa: Mobilising Psychology from the Global South

We will be talking about

- Healing practices outside formal North-western psychology
- Community-based interventions, as opposed to individualised-care models
- African and Global South scholarship that remains under-recognised.

We have a seat at the table for a DPD member. If you are interested in participating please contact

Akhona: akhonankwanyana@gmail.com or

Rejane: rejane@soulatwork.co.za

Decolonial Reading List

We invite you to enjoy this thoughtfully curated reading list themed *A Turn to Africa and the Global South*.

Curated by the Psychological Society of South Africa Decolonising Psychology Division, in collaboration with the Institute for Social and Health Sciences – African Psychologies, it explores decolonial thought and praxis within the discipline of psychology.

Stay tuned for more and let us know your reading recommendations.



#DecolonialReads
#DecolonisingKnowledge

UNISA



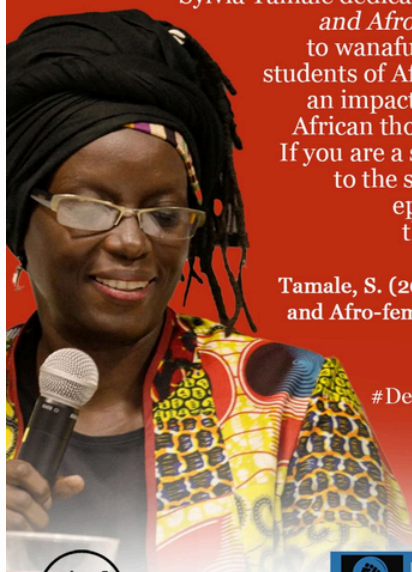
DECOLONISING PSYCHOLOGY
Towards antiracist and liberatory visions of humanity
division

Decolonial Reading List

Sylvia Tamale dedicated *Decolonization and Afro-Feminism* (2020) to wanafunzi wa Afrika, “the students of Africa”, offering it as an impactful contribution to African thought and learning. If you are a student committed to the struggle for Africa’s epistemic liberation, this book is for you.

Tamale, S. (2020). *Decolonization and Afro-feminism*. Daraja Press.

#DecolonialReads
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“Our survival, our humanity, our worldview and language, our imagination and spirit, our very place in the world depends on our capacity to act for ourselves, to engage in the world and the actions of our colonizers, to face them head on.”

— Linda Tuhiwai Smith, *Decolonizing Methodologies: Research and Indigenous Peoples*