



PsySSA President's Welcome

Dear Colleagues, friends, and fellow psychologists,



It is indeed an honour to welcome you to our 29th Annual South African Psychology Congress entitled "Psychology in Society and Society in Psychology". This theme speaks directly to

the importance of Psychology at this critical moment in our profession, country, and our world. Psychology is shaped by, and must in turn shape and be responsive to, our political, social, and cultural worlds. Indeed, we continue to build on our gains in this regard over the last 31 years, yet we should not rest on our laurels.

Globally, we face profound challenges: violent conflicts and genocides that displace and erase populations, deepening inequality, the climate crisis, and a resurgence of authoritarianism and polarisation. These conditions erode trust, amplify trauma, and foster division. In South Africa, our democracy - though resilient - wrestles with persistent inequality, gender-based violence, racism, corruption, and the everyday struggles of poverty and unemployment. These realities affect the mental health of our people, and they call us, as psychologists, to a greater responsibility.

The role of psychology, then, cannot be limited to clinical practice behind closed doors. Our discipline must be socially responsive, attuned to history and marked by our own critical reflexivity. South Africa's past of colonialism and apartheid continues to shape the present. If we ignore this, we risk reproducing injustice rather than healing it. Psychology must contribute to dismantling systems of oppression, fostering resilience, and imagining more equitable futures.

We should ask questions that shake and reshape the foundations of Psychology. What does healing mean in contexts of structural violence? How do we decolonise our theories, our methods, and our training so that they resonate with African realities? How do we ensure that mental health services are accessible to all, not just a privileged minority? These questions are enduring and continue to require courage, humility, and collaboration across disciplines and within disciplinary specialisations in Psychology and communities, nationally and transnationally.

Importantly, psychology must also cultivate hope. Hope is not naïve; it must be critical - a practice of envisioning alternatives and nurturing the capacity of individuals and communities to transform their lives. Whether we are working in schools, hospitals, workplaces, or communities, we hold the responsibility of helping people not only cope but also thrive and reimagine.

As the Psychological Society of South Africa, we strive to be an ethical, engaged, and decolonial profession - one that listens deeply, acts with integrity, and stands in solidarity with the most vulnerable by placing human dignity as the epicentre of our psychological practice and scholarship.

Thank you to the Congress Scientific Committee, PsySSA Office, sponsors and volunteers for producing this extensive, diverse and exciting programme. Thanks especially to our PsySSA Executive Director, Fatima Seedat who exudes boundless energy, admirable focus and steadfast purpose to ensure that the Congress organisation runs as efficiently, as always. I hope that your engagement at this Congress will bring learning and renewed commitment to a psychological science deeply committed to an equitable society.

Frof Ronelle Carolissen
PsySSA President

Psychology in Society Society in Psychology May a Contain 2022, Carlant 20

Scientific Committee Chair's Message

Dear Colleagues

The Scientific Committee of the Psychological



Society of South Africa (PsySSA) warmly welcomes you to the 29th Annual South African Psychology Congress.

This year's theme, "Psychology in Society and Society in Psychology," invites us to

reflect on the reciprocal relationship between our discipline and the complex social realities we face. It builds on PsySSA's longstanding commitment - since its founding in 1994 - to promoting ethical practice, advancing professional training, and fostering inclusive, transformative dialogue.

As we gather in 2025, we do so in a global context still shaped by rising populism, antihumanist ideologies, and threats to human well-being. These challenges demand that psychologists remain critically engaged, socially responsive, and contextually grounded in both research and practice.

We are especially honoured to continue the spirit of continental collaboration initiated during the 2024 PsySSA-PAPU Annual Psychology Congress, welcoming delegates from across Africa and beyond. The enthusiastic response to our call for abstracts - spanning mental health, human rights, social justice, and emerging technologies - has enabled us to curate a vibrant and diverse programme that reflects the depth and dynamism of psychological scholarship.

This year's Congress features:

- 232 oral presentations
- 36 poster presentations
- 13 roundtable discussions
- 10 symposia
- 4 workshops
- 5 dialogues
- A documentary screening and wellness session
- 2 artificial intelligence (AI) demonstrations
- 7 parallel thematic streams

We extend our heartfelt gratitude to the abstract reviewers, the dedicated PsySSA Office staff, and the many colleagues and collaborators whose tireless efforts have brought this Congress programme to life.

On behalf of the Scientific Committee, we wish all our PsySSA colleagues, partners, and friends a rewarding, engaging, and enriching Congress experience. May the 29th Annual South African Psychology Congress inspire new connections, critical conversations, and continued growth within our field.

Prof Lace Fillay
Chair: Scientific Committee





08:00-08:15

Opening Ceremony - Prof Ronelle Carolissen - PsySSA President

Venue	Venue 1 - Room 11CDE	Venue 2 - Room 21G	Venue 3 - Room 21 ABC
Thematic area	African Psychology	Health Psychology	Trauma & Violence
Chair	Ratele K	Deacon E	Suffla S
08:15-10:15	"MOTHO O, KE MOTHO!": The Meaning of being Human According to the Batswana Elders Lephondo M A Narrative Analysis of Tertiary Students' Experiences with the Calling to become Traditional Healers Qhogwana S A Supervisor as a Gobela?: Ukuthwasa as Praxis to Decolonize and Heal the Supervisor-Student Relationship Maphosa TT Exploring African socio-cultural practices as strategies of prevention and enhancing resilience in Teenage Pregnancy Lekeka M & Mabaso S Demographic and Family Network Influences On Psychosocial Health In Agincourt, South Africa: A Sem Analysis Ugwu L & Idemudia ES	Cascade of risk: Community and caregiver perspectives on adolescent food insecurity, alcohol use and sexual risk in underserved communities Davids EL At a crossroads of risk: The mental health impact of the COVID-19 pandemic on hypertensive patients in South Africa Haine P, Coetzee B, Janse Van Vuuren M, Kagee A & Shongwe L The mental health impact of the COVID-19 pandemic on diabetic patients in South Africa: Key insights and implications Haine P, Kagee A, Coetzee B, Janse Van Vuuren M & Shongwe L The Role Of Peer Educators In HIV Prevention At A Higher Education Institution Soni TD Psychological impacts of irregular school attendance among high school learners in Vhembe district, Limpopo Province of South Africa. Magadani H Adaptive behaviour functioning of adolescents with perinatally acquired HIV infection and the efficacy of social skill training in Limpopo, South Africa Koko MB & Idemudia ES	A worsening crisis: investigating violence against women and girls during COVID-19 in a Johannesburg informal settlement **Mbambo N, Suffla S & Malherbe N** "The Forgotten Ones": Revisiting the History of the South African Cape Coloured Corps **Arendse D** The Psychological Consequences of Digital Dating Violence Among Adolescents: A Call for Intervention Singh A, Swart LA & van Niekerk A** Exploring the Link Between Online and Offline Dating Violence Among South African Adolescents **Singh A, Swart LA & van Niekerk A** Reflections on hosting a mental health GBV workshop in Mpumalanga, decolonizing therapy and social activism. **Omar N**

10:15 - 10:45



08:00-08:15

Opening Ceremony - Prof Ronelle Carolissen - PsySSA President

	Venue 4 - Room 12 CDE	Venue 5 - Room 21DEF	Venue 6 - Room 11 AB	Venue 7 - Room 12 AB
	Assessment & Evaluation	Gender	Counselling Psychology	Educational Psychology
	Green J	McLachlan C	Maree J	Govender R
:15-):15	Emotional Social Screening Tool for School Readiness (E3SR-R) - Revised: IsiXhosa adaptation Reddi P, Munnik E & Smith MR Enhancing Cognitive Stability in ADHD: The Impact of HEG Neurofeedback on Executive Functioning and Attentional Control Moodley N The process of translating the Experiences in Close Relationship (ECR) Scale into isiXhosa. Hadebe M	O8:15-09:15 Roundtable Has the Final Trump Card Been Played? The Erasure of Trans and Gender- Diverse People. McLachlan C, Brouard P, Msweli S, Victor C & Frizelle K	Career construction counselling intervention to promote the sense of calling of a disadvantaged black woman Maree J Inclusion of practice-based evidence research in mental health care provision: Implications for trainee and practitioner Rawatlal K Successful adaptation of first- year students: Guidelines to facilitating resilience and well- being from an experiential learning perspective Mduduma T	Navigating the Effects of Community Disorder on Child Development: An Ecological Exploration of Parenting on Social Contexts in South Africa. Rinquest N, Ismail G & Taliep N Time management: The pathway to academic success and well-being for grade 10 learners in Bloemfontein Ndashe T & Ramarumo M Exploring bullying as a mental health priority for grade 10 learners at a local school in Bloemfontein Free State Mabena M & Ramarumo M
	Social Well-being of Young Adults in Kenya, Namibia and South Africa Green J, Laher S & Thalmayer A Investigating the Psychometric Properties of the Coping Strategy Indicator (CSI) in a South African Male Incarcerated Offender Sample Jordaan J & Cronje M	O9:15-10:15 In Conversation with Time: Narrating Stories of Friendship Between Men Across Generations Bashe P Indlela ibuzwa kwabaphambili, from boys to father: The role of boys and fathers in preventing teenage pregnancy Mfene X Perceived Societal Reaction as Experienced by Divorced Men Makgahlela D & Maepa M	Couples Coping Enhancement Training – Sexual Minority Stress (CCET-SMS) Relationship Education Programme: Initial Pilot Testing Results Randall A & Totenhagen C Integrating "old" truths and "new" evidence to address people's evolving career counselling needs Maree J Beyond office walls: An exploration into psychologists' perspective on the role of remote work in career counselling Frieslaar C, Peer A & Ismail H	Application of three phase needs assessment framework to identify mental health priority issue areas for grade 10 learners at a local school in Bloemfontein Free State province. **Ramarumo M** Unveiling the Mental Health Struggles of Grade 10 Learners within the community of Beinsvlei in Bloemfontein Free State **Ngubo L & Ramarumo M**



Venue	Venue 1 - Room 11CDE	Venue 2 - Room 21G	Venue 3 - Room 21 ABC
Thematic area	Decolonising Psychology	Teaching & Training	Clinical Psychology
Chair	Malherbe N	Dockrat SY	Viljoen B
Chair 10:45 - 12:45	Malherbe N 10:45 - 11:45 Dialogue: Writing and Publishing Books on African Psychology: Nurturing a Knowledge Ecosystem Suffla S, Ratele K, Malherbe N, Dlamini S, Kiguwa P & Barnes B Suffla S 11:45 - 12:45 Decolonizing Healing Landscapes: A Scoping Review of Spiritual Black Outdoors and Trauma Resistance in Johannesburg and Tshwane Mokobedi V "You can't parachute in transformation": Black women's experiences of the nGAP in South African universities Maseti T F*ck Decolonisation in Psychology Van Der Walt F	Educating for Peace: Exploring the Role of Curriculum in School Violence Prevention in South Africa Reuben S, Bobat S & Deveduthras N Fostering Resilience in Future Psychologists: Self-Efficacy and Coping Resources in Psychology Honours Students Magwegwe N & Kazi TB Exploring the concept of mentorability among a group of undergraduate students at a public university in South Africa Van Rensburg R, Richards Z, Gomes S, Meyers C, Billings-Padiachey A & Wagner F Exploring the Alignment of the Registered Counsellor and their Intended Role: A Graduate Tracer Study in South Africa Calvert KL, Melrose S & Byne K Scoping best practices for community engagement by tertiary education institutions: A scoping review Christian C & Nkwanyana A Reclaiming our African identities: The role of African Academic staff in teaching an African centred Psychology Qhogwana S	The Mindfulness Walk – Taking Psychotherapy From The Consulting Room Into Nature En Route To The Facilitation Of Well-Being In Society Van Zyl JD Acculturation, Quality Of Life And Mental Health Of African Refugees In Europe Idemudia ES The Addictive Society: an unconscious perspective. Howes D A Systematic Review of Digital Mental Health Interventions for Students During the COVID-19 Pandemic. Kader Z & Padmanabhanunni A The Parent-Child Relationship and Well-being of Adolescents in Families with a Current History of Maternal Mental Illness. Mabusela T & Phakane S Bridging Mental Health interventions and African healing practices: The role of AmaGqirha (South African, Xhosa Divine Healers) in advancing an integrative model of clinical practice. Siswana A

12:45-13:45

Lunch



	Venue 4 - Room 12 CDE	Venue 5 - Room 21DEF	Venue 6 - Room 11 AB	Venue 7 - Room 12 AB
	Sexuality	Clinical Psychology	Childhood Studies	Psychology in Society
	Nel JA	Makgahlela M	Burrow G	Pillay J
5 - 45	10:45 - 11:45	Symposium:	"I don't know what to do": Teachers' perceived	10:45 - 11:45
45	Invited Address:	Post-modern perspectives	incompetence to Disclose	Roundtable:
	Conducting Empirical	on grief and bereavement for the enhancement	Child Sexual Abuse a perpetuating factor?	Psychology in Society and Society in Psychology
	Research with Sexual Minority	of clinical care among	Mabaso NPM	Pillay J
	Individuals across the Globe Randall A	diverse populations	Transitioning from High	r may 0
	Kandali A	Religious Beliefs as a Source	School to Higher Education	
		of Meaning-Making in Bereavement: Implications for	Institutions (HEIs): A Case Study of High School Learners	
		Research on Death and Grief	at Mpumalanga, South Africa	
		Therapy	Masekoameng S, Pitsoane	
		Marindi IK, Mphela L & Mothapo M	E & Bayane P	
			Breaking Barriers: The Critical	
		African Traditional Religions' beliefs, practices and rituals	Need for Free Adolescent Counselling from an NPO	
		serve as bereavement-related	Perspective	
		meaning making pathways Mulaudzi N & Khumalo I	Burrow G	
		Mulaudzi N & Khumalo i	Child and Adolescent mental	
		Student Narratives on Continuing Bonds with	health and associated risk and resilience factors in the	
		Deceased Parents in a South	uMgungundlovu Education	
	Gender	African University Setting Molepo M & Makgahlela M	District in KwaZulu - Natal Ramparsad B	Community Psychology
	Nel JA		-	Franciscus G
	11:45 - 12:45	Bereaved mothers and fathers on Continuing Bonds with a	Exploring Perceptions of Parenting Stress and Mental	11:45 - 12:45
	Exploring the influence	Miscarried Child in a South	Healthcare-Seeking Beliefs: A	Roundtable:
	of Contextual factors and	African Township setting Sathekge M & Mothapo M	Qualitative Study of Muslim Millennial Parents in Cape	The experiences of
	idealised masculinity on Male Students' Help-Seeking		Town.	teaching Solution-
	Behaviours and access to	Suicide bereaved mothers and continuing bonds in Township	Hoosen Z & Mkabile S	Focused Brief Therapy
	services in College and University Campuses	community setting, South		and its usefulness within community settings
	Gwambe S, Nkosi S &	Africa Mabyana NP, Maotoana M,		Franciscus G, Symington
	Sikweyiya Y	Setwaba M, Makgahlela M		S, Chitanga J, Byne K &
	Black men narratives joy,	& Mothapo M		Retter CC
	pleasure and excitement. Mukwevho NE			
	'Zamalek crates and curbside conversations': Working with			
	boys' and young men's gender			
	relationality in an open-access boxing gym			
	Lamprecht L & Errington S			

Lunch



Venue	Venue 1 - Room 11CDE	Venue 2 - Room 21G	Venue 3 - Room 21 ABC
Thematic area	Teaching & Training	Health Psychology	Clinical Psychology
Chair	Brouard P	Roomaney R	Richards L
13:45 - 15:45	Roundtable: Court challenges to sexual consent: An update on PsySSA's role as amicus Brouard P & Kramers-Olen A	The Role of Depression and Diabetes Distress in Glycemic Control: A Meta-analysis Ajele K & Idemudia ES Cognitive restructuring in reducing overweight and obesity of youth in Amajuba District (KwaZulu-Natal, South Africa) Mchunu C & Mbele P Intolerance of uncertainty and meaning in life dimensions in relations to mental wellbeing of medical students Aliche CJ & Idemudia ES Exploring community-led interventions which are currently available to prevent or reduce preteen pregnancy and abortion in low- and middle-income countries: A scoping review Thomas N & Hendricks L The impact of complex trauma on parenting as experienced by biological mothers and the role of psychology in addressing these	Adapting the Davidson Trauma Scale to align with DSM-5-TR criteria Wiggett J, Redelinghuys K & Rajab P Bridging Neuroscience and Counselling:Integrating Polyvagal Theory and Person-Centred Therapy within the HPCSA scope of practice of a Registered Counsellor Adams S & Chitanga J Barriers to healing: A case study examining disempowerment, enmeshment and secondary genderbased violence in Mpumalanga. Omar N Rehabilitation and hope: Lived Experiences of Sexual Offenders in South African Correctional Services. Sadiki TG Perceptual and Psychological Limitations in Our Access to Objective Reality Stanley H Coping with separation from
	Addressing South Africa's Mental Health Crisis: The Role of WIL in Workforce Development Starkey K Trying to Make It Work: First-Year University Students' Experiences and Support Needs Gani S, Laher S & Hassem T	challenges. Shube SA & Davids EL The role of religion among black South African men living with prostate cancer in South Africa Nkoana S & Thobejane K	children: Experiences of incarcerated mothers serving a lengthy sentence at the Johannesburg Correctional Facility, South Africa Masekoameng SM

15:45-16:00



Venue 4 - Room 12 CDE	Venue 5 - Room 21DEF	Venue 6 - Room 11 AB	Venue 7 - Room 12 AB
Environmental & Climate Psychology	Professional Regulatory Support & Guidance	Educational Psychology	Social Psychology
Barnes B	Ngcobo-Sithole MB	Metsing M	Cherrington A
Stories of life beside the coast: Navigating the difficulties and successes of negotiating living, leisure pursuits, and spiritual journeys in the ocean. Gwadiso X, Canham H, Malherbe N & James S Exploring environmental determinants of health: Insights from Collaborative public engagement Monakali S, Hendricks L & Zeeman N What is our response to climate change: Climate psychology or consumer psychology? Ahmed R & Basadien T Crisis & Disaster Peters F 14:45 - 15:45 An Interpretive Phenomenological Analysis Of Psychological Treatment Effects On Individuals Who Experienced Motor Vehicle Accidents In Namibia Janik M "School-based Mental Health Professionals' Preparedness and Experiences during the COVID-19 Pandemic in the Western Cape, South Africa" Everett S & Kagee A An Autoethnography of a Self-Employed South African Psychotherapist During COVID-19 Nel J	HPCSA Workshop: Professional Conduct: Upholding Standards in Healthcare Ngcobo-Sithole MB HPCSA complaints management process and analysis of trends in complaints Mabasa K HPCSA Health Professions Council of South Airca	Epigenetics In Education. Elevating Educators And Rewriting Educational DNA Hattingh B What do educators know about dyscalculia in the UK, Italy, Vietnam and South Africa - Implications for SA policymakers and Researchers. Erasmus P & Roulstone A Strategies of Teachers Using the Neurosequential Model in Education to Ameliorate the Effects of Childhood Adversity Glanville N The Relationship between Perfectionism, Psychological Distress, and Resilience in South African University Students Botha M & Mawila-Chauke D	The Lived Experiences Related to the Mental Health of Women who Separated with their Partners During Pregnancy, in Cottondale, Mpumalanga, South Africa. Thema JR The Role of Sense of Entitlement in Predicting Intimate Partner Abuse Risk Among Dating Youth in Workplaces Lekomanyane L & Ajele K Perspectives of Blessees: A Psychological Framework for Understanding and Preventing Intergenerational Sexual Relationships Sibanyoni S Young male's perceptions of mental health: A scoping review Moagi M Understanding attitudes as emergent social information systems that encode social identity; and polarization as an identity-imbued system configuration Quayle M



Venue	Venue 1 - Room 11CDE	Venue 2 - Room 21G	Venue 3 - Room 21 ABC
Thematic area	Gender	Psychology & the Media	Risk, Resilience, & Recovery
Chair	Stephens A	Crause E	Ramparsad B
Chair 16:00-18:00	Domestic Workers' Dreams Of Freedom Mathebula M Conversations Mothers have with their Children about Political Identity Skinner N & Makama R Moving in Between Choices and Conflicts: Grandmothers and Granddaughters' Intergenerational Narratives of Embodied Gender and Race Rasodi R & Kiguwa P Creative Resilience MVP: A Co-Designed Digital Mental Health Intervention for Young Women Living with HIV Mashaba M, Mtshali N, Young T & Hendricks L	Crause E 16:00-17:00 Framing Men's Mental Health: An Analysis of Narratives in South African Men's Health Magazine Mashaba M, Andipatin M & Faroa B Using social media as a participatory tool to produce educational content aimed at reducing pre-teen pregnancy in under-resourced areas in Cape Town, South Africa. Thomas N & Hendricks L Black African Women Journalists and Bloggers Experiences of technology-facilitated gender-based violence Mhlangulana A Clinical Psychology Bassa H 17:00-18:00 Roundtable Navigating Community Service in South Africa: Reflections on the Challenges, Opportunities and Societal Impact Richards L, Bassa H & Ngubane Y	Ramparsad B The resilience of informal caregivers of people with dementia embedded in their experiences, challenges and coping Manyathi L & Mfene X The mental health of children and youth in the Ehlanzeni Education District of Mpumalanga Province: Associated risk and resilience factors Nkhwashu L Health And Wellness Experiences Of Students Studying In Distance Learning Institution Ncongwane H Exploring the Role of Young Adults' Cognitive Biases on Political Decision-Making in KwaZulu-Natal, South Africa. Boshi D & Molokoe K Psychological and social ramifications of road traffic crashes on the families of road traffic crash survivors: Key findings and research gaps Nkuna M
18:00	End of Day 1		
18:15 - 20:00	by drinks and a selection of delection welcome: PsySSA President-Electroduction of Keynote Speake	ect	



Venue 4 - Room 12 CDE	Venue 5 - Room 21DEF	Venue 6 - Room 11 AB	Venue 7 - Room 12 AB
Developmental Psychology	Professional Regulatory Support & Guidance	African Psychology	Community Psychology
Ismail H	August JO	De Beer M	Melrose S
Marital status and level of education differences in quality of life of parents raising children diagnosed with Autism Spectrum Disorder. Nekhavhambe MS & Maepa MP Autism Spectrum Disorder Through the Lens of Culture: Parental Perceptions and Insights Daniel R, Ismail H, Chetty L, Williamson J & Chetty C Parents' voices: exploring the experiences of parenting autistic children in KwaZulu-Natal Raleigh T & Ismail H Maternal emotional and psych-social experiences of support during pregnancy in the low income communities in Cape Town Adams-Adonis N	HPCSA Workshop: Development Pathways Programme August JO & Tabane R HPCSA Hedih Professions Council of South Africa	Africanisation in cognitive assessment - from early attempts to modern methods De Beer M Fathers' response to cultural child-rearing roles and practices when rearing a child with autism spectrum disorder Maganya M, Baloyi M, Pierce MB & Maepa M Indlela ibuzwa kwabaphambili - Manganyi and Psychology in South Africa Nguse S Money culture: Ubuntu, Economic Behavior, and the Financial Ethics of the Black Professional Nkosi K Child Intellectual Disability in Khayelitsha, Cape Town, South Africa: Engaging with caregivers, spiritual healers and traditional healers Mkabile S	Cultural Competence & Congruence: Impacts on Effective Mental Health Treatment & Accessibility for Individuals in Impoverished Communities. Lesala B, Davids S & Mkabile S Therapists' Perspectives on Family Therapy within Multicultural Families of Kwa Zulu Natal Govender V & Molokoe K The psychological impact of gambling and betting among young adults in Africa: A critical review Chitanga J, Melrose S & Calvert KL The Power of Psychoeducation on Social ills in Rural Settings: South African Context. Sithole-Tetani N The Reciprocal Influence of Psychology and Society: A Social Constructivist Perspective Sigamoney RF

End of Day 1

Cocktail function. An evening filled with celebration, reflection, and connection — accompanied by drinks and a selection of delectable canapés

Welcome: PsySSA President-Elect

Introduction of Keynote Speaker: Prof Anthony Pillay

Keynote Address: Prof Saths Cooper "Reflections on activism, struggle and how we got here"



Venue	Venue 1 - Room 11CDE	Venue 2 - Room 21G	Venue 3 - Room 21 ABC
Thematic area	Decolonising Psychology	Health Psychology	Al & Psychology
Chair	Carolissen R	Roomaney R	Crause E
08:00-10:00	Appositional Consciousness: State of freedom/unfreedom Simango J A decolonial approach to "belonging" in South African Psychology Carolissen R Geographies of Refusal: Mobility (In)Justice and the Decolonial Struggle for Belonging Dutta U Afrocentric Approaches to Trauma-Informed Responses in the Context of Climate Change in KwaZulu-Natal Buthelezi N, Mngomezulu T & Makhonza L	Current Health Psychology in South Africa What should an intervention designed to optimize paediatric adherence to antiretroviral therapy look like and who should be involved? Insights from caregivers, community health workers and experts in HIV Coetzee B & Mhlanga S Students' menstrual experiences and concealment strategies. Setswe K, Roomaney R, Peters F, Mosalisa M & Jackson K Female university students' experiences of sexual and reproductive healthcare. Saal W, Roomaney R, Peters F, Setswe K, Mosalisa M & Jackson K Exploring the experiences of stigma in young adults living with type 1 diabetes Maretlwa L & Deacon E	Demonstration Al Integration from datapoint to insights. Helping practitioners move from surveys and questionnaires to business intelligence (using Copilot and the Microsoft 365 Suite). Crause E

10:00 - 10:30



Venue 4 - Room 12 CDE	Venue 5 - Room 21DEF	Venue 6 - Room 11 AB	Venue 7 - Room 12 AB
Assessment & Evaluation	Clinical Psychology	Educational Psychology	Political Psychology
Truter S	van Heerden A	Pillay J	Pillay A
Investigating the Psychometric Properties of the Prison Adjustment Questionnaire (PAQ) amongst South African Male Incarcerated Offenders Jordaan J, Pretorius S & Esterhuyse K Navigating Language Diversity in Cognitive Assessments: A Decision Tree Model for Psychologists Truter S Factorial Validity of the Setswana Translation of the Brief Inventory of Thriving in an Adult Sample from South Africa Sithole N, Gobile S, Cromhout A, Wissing M, Mudau T & Schutte L Efficient Test Selection in Culturally Diverse Contexts: A Test-and-Norm Finder for Psychologists Truter S	Mental Health Literacy among Christian Charismatic Pastors in uThukela District: A Study of Conceptions and Attitudes Towards Schizophrenia Mavundla N Evaluating Public Stigma Towards Mental Illness in Windhoek, Namibia Janik M Exploring ambiguous loss and resilience through the interdisciplinary lens of the Joy Seen model. De Backer L Posttraumatic Growth as a Mediator Between Acculturative Stress, Student Stress, and Psychological Well-Being Idemudia EM & Nkarenbi J A Mixed-method study of Crisis perception, Personality, Trust and Happiness on Mental Health of Youth in South Africa Rantho K Exploring Perceptions of Non-Traditional Parenting Among Young Adults in Johannesburg, South Africa Appadoo P	Bridging Psychology and Mathematics: The Impact of Personality on Study Orientation and Maths Achievement Rajab P & Motileng B Development of the Study Orientation Questionnaire in Mathematics - Teacher and Parent Forms Wiggett J, Rajab P & Maree K Psychological, social, and physical ecologies for child resilience: A socioecological perspective Pillay J The mental health of grade 9 students presenting with aggressive behaviours in the Ekurhuleni North District of Gauteng Sekgobela E & Pillay J From Learner to Leader: The Transformative Power of Graduate Attributes De Sousa D Adolescent learners' perceptions of mental health support received at secondary schools in the Sarah Baartman District. Isaacs A & Pillay J	Roundtable Activism in apartheid South Africa & beyond Cooper S



Venue	Venue 1 - Room 11CDE	Venue 2 - Room 21G	Venue 3 - Room 21 ABC
Thematic area	Decolonising Psychology	Clinical Psychology	Al & Psychology
Chair	Ratele K	Johnston E	Crause E
10:30 - 12:30	10:30-12:00	10:30-11:30	Demonstration
	Screening 'A 100 African Psychology Films' Initiative and screening of the 'An Epidemic of Loneliness' Ratele K	Roundtable: Training challenges in KwaZulu-Natal in the context of recent disruptive events and historical disadvantage Johnston E, Kramers-Olen A, Siyothula B, Mkhize S, Peters M & Mvelase A	Using GPTs in Practice: Explore how psychologists can use ChatGPT (Claude, Gemini, Grok) and integrated GPT tools to create, adapt, and deliver psychological resources, ethically and effectively Crause E
		Pillay A	
		11:30-12:30	
		Roundtable:	
		The value of Kleinman's explanatory model of illness in enhancing intervention efficacy Pillay A & Pillay I	
12:30-13:30	LUNCH		

12:30-13:30

LUNCH



Venue 4 - Room 12 CDE	Venue 5 - Room 21DEF	Venue 6 - Room 11 AB	Venue 7 - Room 12 AB
Industrial & Organisational Psychology	Sexuality	Assessment & Research Methods	Ethics
Williams R	Nel JA	Maphula A	Lazarus T
"Threats at my fingertips": the case of cybersecurity awareness in the SANDF Bester K All of Work? All of Life? Ontology of South African Mothers and Remote Work Benton D & Govender J Epigenetics, Power Intelligence And Rewriting Organizational DNA Hattingh B Critical reflection on catchall use and measurement of employee engagement: Toward conceptual clarity Steyn R A nexus on career leadership and depth psychology Parsadh A	Symposium: Queering psychological practice, training and writing: Towards affirmative (and creative) praxis for LGBTQIA+ people Nel JA How competent are psychologists in working with sexually diverse clients? Victor C Using Photovoice to trouble "compulsory anonymity" during research with gay and bisexual men Pillay S The lived experiences of Black African cisgender lesbian women residing in South African townships Dlamini T Ethics, Intimacy, and Reflexivity in Kink Research Martin J	SACERT-Integrated Measures Bank (IMB): A Collaborative Effort Across Multiple Institutions to enhance research and practice Maphula A Assessing Non-English- Speaking Grade 1 Children Using the WISC-V Nonverbal Index: Preliminary Findings from a South African Context Truter S & Shuttleworth- Edwards AB A psychometric comparison of item response formats in child measurement: Harter vs. Likert type format Makhubela M Exploring the utility of meta-study to qualitatively construct emotion in psychology Philander S & Maree D Identifying central symptoms of eating disorder and development of the brief version of the EDE-Q-13 for homosexual men: Using network analysis and machine learning Makhubela M The centrality of typical or atypical eating disorder symptoms, and attachment functioning in South African homosexual men: A psychometric network approach Mukhoro R & Makhubela M	Ethics: Dealing with Aggressive Partners in Couples Therapy Bassa H Virtual Therapy and Ethical Considerations: Safeguarding Clients and Practitioners Mashiapata MJ Ethical Issues in Adolescent Criminal Neuropsychological Assessment Lazarus T & Lazarus GT Fitting a square peg into a round hole Viljoen B & Nicolau M

LUNCH



Venue	Venue 1 - Room 11CDE	Venue 2 - Room 21G	Venue 3 - Room 21 ABC
Thematic area	Decolonising Psychology	Health Psychology	Indigenous Knowledge & Healing Systems
Chair	Malherbe N	Venter Z	Siswana A
13:30 - 15:30	Symposium: Healing In Space And Time: Decolonial Praxis In South Africa Malherbe N Narratives of history and healing in informal settlement spaces Ngwenya N, Suffla S & Malherbe N Nostalgia and healing in three communities Dumani N, Malherbe N & Suffla S The languages we heal in: Considering the complexities and rewards of multilingual research Richardson P, Malherbe N & Suffla S Practices and places of healing Morkel J, Suffla S & Malherbe N	Comparative analyses of Individual wellbeing among Sexually and Gender-Diverse Couples in South Africa and Nigeria Venter Z & Mathebula T Navigating Compassion Fatigue Among Palliative Care Nurses in Gauteng Muller C Unmasking distress: An analysis of COVID-19s mental health impact on nurses in South Africa Janse Van Vuuren M, Haine P, Coetzee B & Kagee A Shifting Plates: Exploring the Evolution of Plant-Based Diet Discourse in South Africa (2013-2023) Venter Z Genetic Psychology. Healing With 528 Hz - The Alchemy Of The Heart. Hattingh B Taking the Big Step: Comparison between finger pricking method and using the continuous glucose monitor by a Type 1 Diabetic Wells R	Intersection of African spiritual practices and clinical psychology through the lens of my dual identity as a clinical psychologist and Igqirha kwaXhosa (Xhosa divine healer): Dirty work in clinical practice Siswana A Healing Trauma: Integrating Indigenous Healing and Psychotherapy Basadien T, Melesse M, Ahmed R, Mamutse S & Zoutenberg Z Integrating Ubuntu Philosophy in Promoting and Communication of Mental Health Through Traditional Healing Practices. Hlengwa WM Forensic Psychology Viljoen B 14:30 - 15:30 Reading the Streets of Pain, Streets of Shame document through a Developmental Psychological Lens Viljoen B The Long-Term Impact of Juvenile Criminal Behaviour on Adult Criminal Involvement in South Africa: The Role of Early Intervention Programs Viljoen B

15:30-15:45



Ve	enue 4 - Room 12 CDE	Venue 5 - Room 21DEF	Venue 6 - Room 11 AB	Venue 7 - Room 12 AB
Pt	rofessional Development	Educational Psychology	Neuropsychology	African Psychology
Pil	illay A	Metsing M	Watts A	Den Hollander D
Fresh Barren Local Composition of the composition o	ymposium: eveloping a successful areer in psychology: A lasterclass iillay A expanding career horizons a Psychology: Not by oincidence! aher S rom Periphery to Centre: how ethinking Psychology can hape Novel Career Paths arnes B rom State Hospitals to cademia, Private Practice and Beyond: A Clinical sychologist's 36-Year dyssey of Insight, Adaptation and Growth cockhat R row boldly in many different irections: Reflections on harting a career in clinical, community, and critical sychologies iillay S iitiative, creativity and dependent thinking in eveloping a successful career in psychology iillay A	Metsing M An exploration of educators' perceptions of their psychosocial well-being in primary school contexts in the Eastern Cape. Monakali S, Adoni T-A & Raats C Resilience-enabling resources for parents of children with Autism Spectrum Disorder Mandaza S & Mawila-Chauke D Caregiver Advocacy for the Educational Needs of Foster Children in Marginalised Care Facilities Methi L Redefining Fairness: Assessment Accommodations for an Inclusive Higher Education De Sousa D Psychological interventions utilised to provide emotional support to adolescents in South Africa: a scoping review. Symington S & Chitanga J	Watts A Bridging the Mind and Cognition: The Impact of Psychotherapy on Cognitive Functioning in a Trauma-Affected Young Adult Moodley N Neuropsychological Outcome After Covid-19: Two Case Studies Lazarus T The Meaning of Insomnia for South African Women: A Phenomenological Inquiry Baker M Neurocognitive Resilience: Cumulative Risks and Cognitive Function Pillay LG Artificial Intelligence and Neuropsychology Lazarus T Lost but not Defeated: A First-Hand Account of Artificial Intelligence and Cognitive (In) justice Vorster L	Den Hollander D 13:30 - 15:00 Roundtable Rick Turner: The Imagination That Dared to Dream Den Hollander D



Venue	Venue 1 - Room 11CDE	Venue 2 - Room 21G	Venue 3 - Room 21 ABC
Thematic area	Teaching & Training	Health Psychology	Educational Psychology
Chair	Dockrat SY	Hector T	Metsing M
15:45- 17:30	The utilisation of microcredentialing as a tool to expand the scope of competence for psychologists Dockrat SY & Rajab P Policy Development on the Ethical use of Artificial Intelligence for the Psychology Honours students: A Delphi Study protocol Chitanga J, Moodley MC, Retter CCA & Byne K Why psychology? An investigation into the career motivations of male psychologists practising in Johannesburg Coovadia M The development of an university-wide inclusive mental wellness strategy Dockrat SY & Selepe C	Reflections on peer to peer led interventions: Looking at the way peers are disseminating information <i>Mamutse S</i> Prevalence and risk typology of pedestrian fatalities in South Africa <i>Hector T & Govender R</i> Echoes of Personality: Exploring Sound and Noise Perception through the Lense of the Big 5 Personality Traits *Heymann I, Pottas L, Coetzee N & Graham MA* Psychobiography as a lens for understanding leadership and social change *Harry T* The Significance of Distant Support: How Geographic Distance from Close Family and Friends Can Contribute towards Successful Marriages *Deliwe-Juju Z*	Roundtable Neurodevelopmental Disorders: The present state in SA and the implications for the future. Erasmus P & Metsing M

17:30

End of Day 2



	Venue 4 - Room 12 CDE	Venue 5 - Room 21DEF	Venue 6 - Room 11 AB	Venue 7 - Room 12 AB
	Clinical Psychology	Professional Development	Applied Psychology	Community Psychology
	Qhogwana S	Pillay A	Lockhat R	Cherrington A
45-	Symposium:	Student Dialogue	Symposium:	Roundtable
45- 300	Existential exploration of the meaning in and of life: Death, bereavement and well-being A scoping review of well-being studies from Africa: Insights from qualitative research Wilson Fadiji A & Khumalo I Ontological death representations and Meaning in life: The role of religiosity and Spirituality Pela M, Khumalo I & Moodley J Culturally embedded description of well-being in Lesotho Ramahata M, Kgope M & Khumalo I Psychological implications of African Traditional Religious beliefs and practices in bereavement Mulaudzi N, Khumalo I & Kgope M	Student Dialogue Session Beyond the Bottleneck: Conversations on Masters Access Pillay A, Mvelase A, Richards L, Pillay I & Frieslaar C	Symposium: BWRT* in the South African Context: Healing Trauma & Rebuilding Identity Lockhat R The Cultural Relevance of BWRT* in the South African Context den Hollander D BrainWorking Recursive Therapy* (BWRT*) as a Novel Intervention for Trigeminal Baig Q The Real One Hit Wonder Lockhat R Rapid Healing from Childhood Sexual Abuse: A BWRT* Case Study Enoch S Integrating BWRT and Storied Career Counselling: A Case of Hope and Self-Efficacy Maree J	Roundtable Connecting the past to the future: Identity, Function and Relevance of Social Psychology in South Africa Cherrington A

End of Day 2



Venue	Venue 1 - Room 11CDE	Venue 2 - Room 21G	Venue 3 - Room 21 ABC
Thematic area	African Psychology	Environmental & Climate Psychology	Trauma & Violence
Chair	Kramers-Olen A	Maseti T	Campbell M
Chair 08:00-10:00	Kramers-Olen A 08:00-09:00 Thriving to fulfilment: Positive youth development in relation to well-being in a context of emerging adults in Africa. Mgaya A, Thalmayer A & Naude L The Psychosocial Impact of Accepting an Ancestral Calling: Identity, Mental Wellbeing, and Social Integration in Johannesburg Moropa T African migrants, Wellbeing and Coping: A Six EU-Country assessment Idemudia ES & Boehnke K Occupational Wellness Pillay A 09:00-10:00	Symposium: Centering Justice, Wellbeing, and Marginalised Voices in Environmental Action Maseti T Environ(mental) health in climate and environmental psychology Barnes B Black Youth Representation in Climate Justice Activism and Discourse Maseti T A Review of Frontline Conservationists' Mental Health Klarmann S Is there a place for justice in climate psychology: A critical perspective Peters F	Relational predictors of Intimate Partner Violence in South African and Ethiopian couples Campbell M & Fouten E Murder-Suicide in South Africa: A Content Analysis of Local Newspaper Reports, 2019-2024 Brogneri S & Arendse N A scoping review on predisposing risk factors for homicide-suicide: An ecological framework analysis Mgidi N & Arendse N Prevalence and Patterns of Digital Dating Violence Among South African Adolescents: A Societal Concern Singh A, Swart LA & van Niekerk A
	Dialogue: Depression and its toll on health care professionals - how can we help? Pillay A, Kramers-Olen A & Den Hollander D		

10:00 - 10:30



Venue 4 - Room 12 CDE	Venue 5 - Room 21DEF	Venue 6 - Room 11 AB	Venue 7 - Room 12 AB
Clinical Psychology	Educational Psychology	Assessment & Evaluation	Community Psychology
Siyothula B	Cromhout J	Rajab P	Taliep N
A diagnostic profile of a cohort of students: A case study Thwala J Environmental Factors and the Meaning of Insomnia for South African Women: An Interpretative Phenomenological Analysis Baker M Understanding the attachment theory as an essential concept in different social networks and the therapeutic space. A preliminary literature review Siyothula B & Zank A "Sitting with Sleeplessness": A Critical Reflexive Analysis of the Facilitator's Role in IPA Focus Groups on Insomnia Baker M	The invisible epidemic: An exploration of perceptions of covert bullying in the workplace Govender R & Ismail H Silent despair behind School gates: Reframing suicide through a societal lens Metsing M Determinants of Suicidal behaviour among children and adolescents in sub-Saharan Africa: A systematic review Manganyi C, Mapula M, Mphela L, Mkhonto R & Sodi T Brain awareness in Children: Enhancing Developmental Outcomes Erasmus P & Erasmus L Functional Assessment: A multi-disciplinary approach to enhancing well-being in autistic children Cromhout J	Advancing Ethical Practice in Psychological Assessment: Embracing Technology and Diversity Ethical considerations in technology-based assessment Hassem T, Laher S & Cockcroft K Ensuring ethical test use in South Africa: A toolkit for psychology professionals Laher S & de Beer M Guidelines to developing contextually relevant and empirically grounded measures in the South African context-an ethical imperative Munnik E Designing ethical and inclusive psychological assessments Rajab P Ethical approaches to validity and fairness: Examining the consequences of assessment Taylor N	Vehicles of Resilience: Social Advocacy in the Car Crews of the Cape Flats Moodley MC, Robert JJ, Kathrada S, Bouwer K & Segal B Dream imagery may uncover the hidden realities and trigger growth among community development practitioners Lekeka M Keeping the Heart of Community Engagement Beating in Higher Education: An interdisciplinary Group Collaboration of Social Work & Psychology Academics. Litye C & Boboyi A The politics of life and death: A critical case study through lenses of killability and dieability Taliep N Compassionate Grassroots Community Conversations as a Community Engagement Approach for Stimulating Critical Thought and Social Praxis Ismail G, Taliep N & James S Unpacking the National Strategic Plan on Gender Based Violence and Femicide: Implications for Community Psychology Ndlazi N



Venue	Venue 1 - Room 11CDE	Venue 2 - Room 21G	Venue 3 - Room 21 ABC
Thematic area	Sexuality	Professional Regulatory Support & Guidance	Teaching & Training
Chair	Brouard P	Mbodi M	Mathenjwa S
10:30 - 12:30	10:30 - 12:00	10:30 - 12:00	10:30 - 11:30
Chair 10:30 - 12:30		Mbodi M	

12:30 - 13:00 | Closing Ceremony



	Venue 4 - Room 12 CDE	Venue 5 - Room 21DEF	Venue 6 - Room 11 AB	Venue 7 - Room 12 AB
	Clinical Psychology	Professional Regulatory Support & Guidance	Community Psychology	Self-care
	Sodi T	Kleintjes S	Ismail G	Cherrington A
0 - 30	Symposium: Youth mental health in South Africa: Some recent evidence from on-going research in places of learning and development Sodi T Promoting mental health in places of learning and development in South Africa – the PreHPare initiative Themane M & Sodi T Mental health among adolescents and youth in South Africa: A bibliometric analysis and systematic review Muchemwa M, Marindi I, Manganyi C & Sodi T Personality traits correlate with depression and anxiety among school-going adolescents in Tshwane Townships Maepa MP Prevalence of depression and associated factors among secondary school learners from rural-and-township settings in Mankweng Circuit, Limpopo Province, South Africa Phochana T, Makgahlela M, Sodi T & Darikwa Timotheus	Workshop From Compliance to Critical Engagement: Ethical Reflections on POPIA in Psychological Practice Viljoen B & Kleintjes S	Ismail G The Impact of Substance Use as a Coping Strategy amongst University Students Ogbonna Z & Ramarumo M Imploring the Hope Revolution Substance Abuse Prevention and Awareness Training Program to Peer Educators within Higher Education Institutions. Myaka N, Makola S, Nkili G & Masondo N Development And Validation Of The Psycho-Social Competency Model For Marital Success And Satisfaction Within A South African Context. Sebitloane OOH & Mathe VC Exploring Public Health Volunteering by Psychologists as a Response to the Healthcare Crisis: Possibilities and Pitfalls Richards L Development of a community safety and peace mobile app: A scoping review James S, Ismail G & Taliep N	Cherrington A 10:30 - 12:00 Wellness Session Self-care debriefing circles Cherrington A

Closing Ceremony



Poster Presentations

Tuesday, 14 October 2025

10:15-10:45

An exploratory study regarding Genderbased violence among men in Alexandra township, Gauteng Province.

Mushwana M, Mphephu K & Dzhombere F

Exploration of cultural practices and their psychosocial functions on bereavement across the Vhavenda culture, Thulamela Municipality.

Mushwana M

Special educator care experiences of learners with intellectual and developmental disability who have a history of sexual abuse

Mdikana A, Ntshangase S, Phasha NT & Kunutu D

Factors contributing to body image dissatisfaction among female students

Baloyi V & Phadu M

Psychological effects of cyberbullying in South African schools: A critical review

Matlou T & de Klerk W

Growth Mindset as a Psychoeducational Framework to Enhance Mental Wellbeing and Professional Readiness in Distance Teacher Education

Khanyile Z & Ntshangase S

Conceptualising Positive Youth Development in the African Context: A Systematic Review of Theory and Practice

Shirima CM, Naudé L & Thalmayer A

Tuesday, 14 October 2025

15:45-16:00

The effects of gender-based violence on the psychological wellbeing of exposed community members, in a selected rural village in Vhembe district of Limpopo province

Radzilani M

Uncovering the Roots of Substance Abuse: Teachers' insights into Precipitating Factors Among Secondary School learners in Capricorn District, Limpopo Province, South Africa

Chueng M

Psychological challenges experienced by correctional services officials: A case of Polokwane Correctional Service Centre.

Maotoana M

The Social Self in a Colonial World: Exploring Coloured Women's Identities and Cultural Expression

Gordon E

Registered Counsellor's Perspective on the Critical role of Emotional Regulation in Addressing Trauma

Williams PG

The role of Family Functioning on the Social and Emotional Competence of Preadolescents

Leibrandt V

Inclusive Voice Through Action Research: Empowering Communities to Address Their Own Challenges

Martin L

Poster Presentations



Wednesday, 15 October 2025

10:00-10:30

The Voice of a Generation: An Adlerian Psychobiography of Whitney Houston

Fouché P & Mathebula N

Psychological challenges of student counsellors during practicum training in Sub-Saharan Africa. A scoping Review.

Mphephu K

Trauma Bonding: Exploring the Underlying Belief Systems and Fears that Keep Men in Abusive Relationships

Nekhavhambe V

Intersecting identities: Black student psychologists' experiences in a historically white institution

Lakay J & Salie M

Bridging Faith and Therapy: Insights from Psychologists Working with Muslim Clients

Salie M

Advancing Effective Quality Teaching Practices in Higher Education: A Multi-Dimensional Framework for Evaluation and Professional Development

Kendall J

Essential attributes for caregivers providing care and support for adult family members who suffered severe traumatic brain injury (sTBI)

Sodi E

Wednesday, 15 October 2025

15:30-15:45

Exploring family interventions on mental health in South Africa: A systemic review

Adams-Adonis N, Milligan J, Kuiper M, Cootee Z & Kidwell J

The role of Ubuntu as a community intervention strategy in addressing mental health challenges during and post COVID-19 pandemic

Mashamba L, Mulaudzi T, Sundarraju S, Subramanaian R & Netshisaulu O

The Influence of Family Functioning on the Social and Emotional Competence of Preadolescents

Leibrandt V

Supporting learners with complex health issues: What can communities do?

Mavuso M

Cultural Identity on a Plate: A Qualitative Study on Food Symbolism and Psychological Well-Being in South Africa

Meyer T & Tolken R

Equipping Psychology Students to Sit in Discomfort: A Critical Resilience Tool for Workplace Readiness

Martin L

A psychobiography of Idi Amin: The primitive psychic mechanisms that propelled his lifespan development

Fouché P & Prince C

14 October 2025: 10:15 - 10:45 (Hall 2)

- 1. CEPD Climate, Environment and Psychology Division
- 2. SAACP South African Association for Counselling Psychology
- 3. TVD Trauma and Violence Division
- 4. SASCP South African Society for Clinical Psychology

14 October 2025: 15:45 - 16:00 (Hall 2)

- 1. DRM Division of Research and Methodology
- 2. CaSP Community and Social Psychology
- 3. DPD Decolonising Psychology Division
- 4. RCP Division of Registered Counsellors and Psychometrists

15 October 2025: 10:00 - 10:30 (Hall 2)

- 1. SD Student Division
- 2. AID Artificial Intelligence Division
- 3. HPD Health Psychology Division

15 October 2025: 15:30 - 15:45 (Hall 2)

- 1. SEPSA Society for Educational Psychology of South Africa
- 2. SGD Sexuality and Gender Division
- 3. DNFP Division of Neuropsychology and Forensic Psychology
- 4. PiPS Psychology in Public Service