

Dear Healthcare Professional

Depression Risk Management Programme Webinar - 25 and 26 February 2025

We are delighted to invite you to an insightful webinar on our recently launched **Depression Risk Management Programme**, taking place on **25 and 26 February 2025**.

Depression prevalence has increased over the last decade. In response to this, we have developed the Depression Risk Management Programme to help identify at-risk members early on and offer the risk-funded support they need. The Programme offers a six-month proactive approach to reducing depression risk and managing symptom severity.

This webinar will explain our comprehensive Depression Risk Management Programme strategy, including the member journey and basket of care. Learn how we use an innovative machine-learning algorithm and validated mental wellbeing assessments to identify members at risk and how we respond with evidence-based benefits grounded in neuroscience. Don't miss this opportunity to enhance your practice and help improve mental health outcomes.

The webinar will also include a refresher on other mental health benefits that can support both your patients and your practice. Attendees will learn practical strategies and gain valuable insights. **CPD points have been applied for.**

Webinar details

Session 1

- Date: 25 February 2025
- Time: 18:00 to 19:00
- [Click here](#) to register for the webinar. Please use the link to join the webinar.

Session 2

- Date: 26 February 2025
- Time: 18:00 to 19:00
- [Click here](#) to register for the webinar. Please use the link to join the webinar.

Note: Space is limited. Please register promptly to secure your spot. You are welcome to attend **one or both sessions**, depending on your availability.

Important information

- Get more information about the [Depression Risk Management Programme](#).
- Get more information about the [Mental Health Care Programme](#).
- Get more information about [Digital Mental Health with iCBT](#).

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Directors: Dr A Ntsaluba (Chairperson), Dr J Broomberg, F Chothia*, R Farber, A Gore, F N Khanyile, N S Koopowitz, Dr R N Noach, N Pitje*, R M Whelan*, S V Zilwa (*Executive).
Company Secretary: A C Ceba.

- Psychologists can download, complete and submit [this application form to join the Mental Health Benefit Network](#).
- A [step-by-step guide on how to enrol your patient on the Mental Health Care Programme on HealthID](#). You can also find help with [obtaining patient consent on HealthID here](#).
- You can [register on HealthID here](#).

If you have questions, please email us healthpartnerinfo@discovery.co.za

We look forward to your hosting you at these impactful sessions.

Regards



Jane Ball

**Head: Population Health Management
Discovery Health**