

# HOPE & HEALING

Between Psychological Practice and Psychosocial Praxis:  
Southern Standpoints on Radical  
Hope and Healing

**27th Annual South African Psychology Congress**

**4 to 6 October 2023**

*Emperors Palace, Johannesburg, South Africa*

## FINAL PROGRAMME



<b>Venue: Assembly 1 &amp; 2</b> <b>Plenary Programme</b> <b>Wednesday, 04 October 2023</b>	
08:30 – 09:00	<b>PRESIDENTIAL ADDRESS</b> <i>Prof Floretta Boonzaier, President: Psychological Society of South Africa</i>
09:00 – 09:15	<b>INTERLUDE</b>
09:15 – 11:00	<b>INVITED PANEL</b> <i>Global Indigenous Psychologies: movement toward healing historical harms</i> <b>Facilitator: Prof Peace Kiguwa</b> Panelists: Prof Malose Langa, Dr Mmatshilo Motsei & Mr Anele Siswana
11:00 – 11:30	<b>TEA/COFFEE</b>
11:30 – 12:30	<b>ANNUAL PsySSA PRESIDENTS LECTURE</b> <i>Prof Francis B. Nyamnjoh</i> <i>Professor of Social Anthropology and a Fellow of the College of Fellows of the University of Cape Town</i>
12:30 – 13:30	<b>PsySSA ANNUAL GENERAL MEETING</b> <i>Prof Floretta Boonzaier, President: Psychological Society of South Africa</i>
13:30 – 14:30	<b>LUNCH</b>
14:30 – 16:30	<b>INVITED PANEL</b> <i>Therapies for Healing Justice: Redressing Systemic Oppression and Intergenerational Trauma</i> <b>Facilitator: Dr Jude Clark</b> Panelists: Dr Siphso Dlamini, Ms Rejane Williams, Ms Thembelihle Mashigo & Ms Berenice Meintjes
16:30 – 16:45	<b>INTERLUDE/CLOSURE</b>
16:45 – 17:00	<b>TEA/COFFEE</b>

Venue	Venue 1 - Fabia 1	Venue 2 - Fabia 2	Venue 3 - NCC	Venue 4 - Julia	Venue 5 - Tiberius	Venue 6 - Romanus	Venue 7 - Senate 1	Venue 8 - Senate 2
Thematic area	Gender	African Psychology	Trauma and Violence	Research Methods	Health Psychology	Counselling Psychology	Clinical Psychology	Decolonising and Transforming Psychology
Chair	McLachlan C	Naude L	Chitiki E	Hendricks L	Day S	Maree J	Baker M	Den Hollander D
08:00-10:00	<p><b>Symposium</b></p> <p><b>Gender affirmation in action: Serving our trans, gender diverse and non-binary communities</b></p> <p><b>Provision of gender affirming healthcare in Rural KZN: Lessons learnt and continued efforts</b></p> <p><i>Msweli S</i></p> <p><b>Gender-affirming care and the crucial role of psychology: A spotlight on the Wits RHI Clinic in Cape Town, South Africa</b></p> <p><i>Victor N</i></p> <p><b>The management of transgender offenders: Proposed affirmative practices for the Department Correctional Services</b></p> <p><i>Madlala N</i></p> <p><b>University Responses to Trans Needs</b></p> <p>Brouard P</p>	<p><b>Symposium</b></p> <p><b>The Africa Long Life Study: An African-centered exploration of the mental health and wellbeing of emerging adults</b></p> <p><b>Introducing the Africa Long Life Study: Conceptual/theoretical and methodological considerations</b></p> <p><i>Naude L &amp; Thalmayer A. G</i></p> <p><b>Mental health of emerging adults in South Africa: Evidence from the ALLS study</b></p> <p><i>Hassem T</i></p> <p><b>The Use of the Hinting Task to Assess (Tom) Theory of the Mind in People with First Episode Psychosis</b></p> <p><i>Bambo M, Chopdat S, Laher S &amp; Mayet S</i></p> <p><b>Reflections from the ALLS-SA study</b></p> <p><i>Laher S, Adonis T, Botha C, Florence M, Hassem T &amp; Naude L</i></p> <p><b>Exploring protective factors for self-reported substance use amongst emerging adults across South Africa: A mixed method study</b></p> <p><i>Botha C, Brogneri S, Thomas N, Chetty J, Adonis T &amp; Florence M</i></p> <p><b>The ethics of incentivising research participation among emerging adults in a South African longitudinal study</b></p> <p><i>Botha C, Mpişane N, Adonis T &amp; Florence M</i></p>	<p><b>Exploring the subjective experiences of mothers with children who have committed suicide</b></p> <p><i>Msimango E, Mahlo S. P &amp; Chigeza S</i></p> <p><b>Surfacing victim-worthiness: male sexual victims and registers of empathy</b></p> <p><i>Chitiki E</i></p> <p><b>Intimate partner violence: Spirituality as protective factor</b></p> <p><i>Oosthuizen T</i></p> <p><b>Marrying your groomer: How ignorance of sexual grooming led to women marrying their perpetrator</b></p> <p><i>Langenhoven T</i></p> <p><b>Physical and psychological barriers limiting reporting of xenophobic violence to relevant authorities: a study in South Africa</b></p> <p><i>Venter Z</i></p>	<p><b>Symposium</b></p> <p><b>Unveiling the politics and power of creative research methods in psychology</b></p> <p><i>Hendricks L</i></p> <p><b>Child-centric decolonising methods in sexual violence and trauma research with children in the Diaspora</b></p> <p><i>Titi N</i></p> <p><b>Owning our vulnerabilities as scholar-activists: Reflections on queer identity, ethics, and visibility</b></p> <p><i>Pillay S</i></p>	<p><b>Symposium</b></p> <p><b>Human rights and harm reduction services: A process evaluation of micro-planning as a service delivery model for the PWID programme</b></p> <p><b>Peer-led delivery of opioid substitution therapy services for people who inject drugs</b></p> <p><i>Saayman E</i></p> <p><b>A micro-planning approach to the documentation and reduction of human rights violations for people who use drugs</b></p> <p><i>Maja L</i></p> <p><b>State-controlled institutions and human rights violations: navigating direct and everyday violence as people who inject drugs</b></p> <p><i>Day S</i></p>	<p><b>Career construction counselling for an adolescent with career indecision: Longitudinal intervention research</b></p> <p><i>Maree J</i></p> <p><b>Crushed all over again: The professional experiences of early career counselling psychologists in South Africa</b></p> <p><i>Haine P</i></p> <p><b>Career construction counselling performing artists to convert pain into hope: A systemic view</b></p> <p><i>Kleynhans R</i></p>	<p><b>Low self-esteem of psychotherapy patients: a qualitative inquiry</b></p> <p><i>Van Zyl J</i></p> <p><b>Self-determination theory and strategies aimed at the basic psychological needs of psychiatric patients</b></p> <p><i>Oosthuizen C.M &amp; van der Hoogt J</i></p> <p><b>The prevalence of insomnia in South Africa: A scoping review (First phase)</b></p> <p><i>Baker M &amp; Aldous C</i></p> <p><b>The use of positive psychology as a democratized psychiatry with survivors of brain injury and their community</b></p> <p><i>Pienaar M</i></p>	<p><b>Roundtable</b></p> <p><b>Robert Mangaliso Sobukwe: The struggle for psychological freedom</b></p> <p><i>von Eck C, Hook D, Labuscher L, Cooper S, &amp; Bofelo M</i></p>

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Thematic area	Assessment & Evaluation	Decolonising Psychology & Indigenous Knowledge & Healing Systems	Clinical Psychology	Research Methods	Health Psychology	Environmental & Climate Psychology	Psychotherapy	Educational Psychology
Chair	Laher S	Ahmed R	Hattingh B	Behari-Leak Y	Nkoana S	Barnes B	Lockhat R	Pillay J
10:30 - 12:30	<p>A collation of Africa-based cognitive test norms to facilitate cross-cultural assessment practices</p> <p><i>Truter S &amp; Shuttleworth-Edwards A</i></p> <p>Study protocol of a randomized controlled trial examining massed culturally adapted Problem Management Plus (PM+) in South Africa</p> <p><i>Tepekana A, Sijbrandij M &amp; Ally Y</i></p>	<p>Building civic compassion through Africa(n)- centered transformative praxis</p> <p><i>Tladi B</i></p> <p>Integrating traditional and indigenous healing practices with mainstream psychology: possibilities and constraints</p> <p><i>Ahmed R</i></p> <p>Indigenous women's knowledges as a critical path to knowing intimate violence in Ga-Botha, Limpopo</p>	<p>Genetic psychology: Theory and practice</p> <p><i>Hattingh B</i></p> <p>Artificial intelligence in psychotherapy: The future is not psychologist vs AI but integration of the two</p> <p><i>Mokonyama P</i></p> <p>Assessing the efficacy of a virtual mental health support chatbot (WYSA) in promoting tertiary students well-being: An Institutional Survey</p> <p><i>Nefale M</i></p>	<p>Documentary</p> <p>Unsettling knowledge production on gendered and sexual violence in South Africa: Project film</p> <p><i>Behari-Leak Y, Boonzaier F, Carr K, Chenqeta G, Chirape S, Kessi S, Matutu H, Mhlanqulana A, Mosime L, Mpofu T, Phakeng M, Thusi K, Zimri C, Poggenpoel K, Boetcher C</i></p>	<p>Caregivers' psychological experiences of their child's tuberculous Meningitis care journey</p> <p><i>Baloyi D</i></p> <p>Towards a culturally-relevant model to explain prostate cancer journey: A study of black South African survivors</p> <p><i>Nkoana S &amp; Sodi T</i></p> <p>Exploring the role of cognitive behaviour therapy in the self-management of type 2 diabetes: A rapid review</p> <p><i>Visagje E, Deacon E, Kok R</i></p>	<p>Symposium</p> <p><b>Psychology's crucial role in climate justice: Understanding, motivating, and mobilizing action</b></p> <p>Towards climate justice: an interdisciplinary exploration of health, behaviour, and environment</p> <p><i>Hendricks L</i></p> <p>Conservation psychology, environmental justice, and photography: a photovoice project</p> <p><i>Klarmann S &amp; Barnes B</i></p> <p>A systematic review of critical research methodologies in climate psychology scholarship</p> <p><i>Peters F</i></p>	<p>Symposium</p> <p><b>Brain Working Recursive Therapy (BWRT): Hope for real healing</b></p> <p>Power back in her hands: A case study on using BWRT Level 2 work with childhood trauma</p> <p><i>Den Hollander D</i></p> <p>Using BWRT to cure porn addiction: A twist in the tale of pornographic addiction</p> <p><i>Essa H</i></p> <p>Exploring BWRT: Cognitive distortions, resilience and transformation</p> <p><i>Baig Q</i></p> <p>Hard to swallow? Can BWRT make you swallow things you would rather not? Two video case studies</p> <p><i>Lockhat R</i></p> <p>Towards radical hope and healing – the power of BWRT</p> <p><i>Van Staden F</i></p>	<p>Psychosocial challenges over-aged learners present in Gauteng schools</p> <p><i>Erasmus, G &amp; Fourie J</i></p> <p>Strategies used by primary school teachers in handling learners from deprived contexts in the Hhohho region of Eswatini</p> <p><i>Makola S &amp; Tshabalala G</i></p> <p>Resilience to COVID-19 challenges: Lessons for school psychologists serving school-attending black South African youth aged 10 to 19 years old</p> <p><i>Pillay J</i></p> <p>Ethical decision-making guidelines for psychologists working within the school setting</p> <p><i>van Zyl C &amp; Dwarika V</i></p> <p>Sense of belonging: A predictor of the intentions to dropout among Black and White distance learning students at a South African university</p> <p><i>Mtshweni B</i></p> <p>Closing the gap: Lived experiences of foundation phase teachers in supporting learners presenting with Attention-Deficit Hyperactivity Disorder (ADHD) symptoms in South Africa</p> <p><i>Ebrahim R, Diale B. M &amp; Mabaso N</i></p>
11:30-12:30	<p>Roundtable</p> <p><b>Establishing best practices in psychological assessment in South Africa: Test classification, test certification and the role of Assessment Standards South Africa</b></p> <p><i>Laher S, Bischof D, de Beer M &amp; Maree D</i></p>	<p>Healing through meaning in an African sociocultural context</p> <p><i>Selepe M &amp; Kanda A. M</i></p> <p>Decolonising African childhood studies: a narrative exploration of young adults retrospective experiences of imbeleko</p> <p><i>Mosime L &amp; Kiguwa P</i></p>	<p>A reflection on the use of third-wave positive psychology in the psychobiography of the mother of the Black Resistance, Lilian Ngoyi</p> <p><i>Goqe Z &amp; Nel C</i></p> <p>Ethical and practical considerations for animal-assisted therapy in South Africa</p> <p><i>Mamabolo K</i></p> <p>The psychometric properties of an online screening tool for anxiety in South Africa: A systematic review</p> <p><i>van Boom S &amp; Hassem T</i></p>	<p>Comparison of psychometric network and factor structure models: Do data-driven results of depressive symptoms in young adults generalize across analytic methods?</p> <p><i>Makhubela M &amp; Mothapo M</i></p>	<p>Perceived vulnerability to disease, fear and disease-avoidant behaviour during the Covid-19 pandemic outbreak: The behavioural immune System (BIS) theory in South African young adults.</p> <p><i>Moseya N, Makhubela M &amp; Lekota T</i></p> <p>Exploring the thoughts, emotions, and behaviours related to the self-management practices of adults with Type 2 Diabetes</p> <p><i>Visagje E, Deacon E, Kok R</i></p>			
12:30-13:15	Lunch							

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Thematic area	PsySSA	Youth Mental Health	Community Psychology	Decolonising & Feminist Psychology	Health Psychology	Professional Psychology, Teaching, Licensure	Clinical Psychology	Educational Psychology
	Cassim MY	Sodi T & Magahlela M	Maree J	Den Hollander D	Roomaney R	Franciscus G	Pillay A	Rajab P
13:15 - 15:15	<p><b>Interactive Session: What does PsySSA mean to us?</b> <i>Cassim MY</i></p>	<p><b>Symposium</b> <b>Youth mental health in sub-Saharan Africa</b></p> <p><b>Discussant:</b> Prof Sikhumbuzo Mfusi</p> <p><b>Supporting the mental health of South African children and adolescents: Insights from the South African Child Gauge 2022</b> <i>Kleintjies, S, Lake, L and Tomlinson, M</i></p> <p><b>Nonsuicidal self-injurious behaviour in a senior high school population in Ghana: A cross-sectional self-report study</b> <i>Quarshie E.N.B &amp; Asante K. O</i></p> <p><b>“Mental illness is a disease normally caused by stress”: Perceptions of secondary school learners towards mental illness</b> <i>Makqatho, I, Makqahlela M &amp; Sodi T</i></p> <p><b>Types and effectiveness of mental health literacy programmes targeted at addressing depression and anxiety among school-going adolescents in sub-Saharan Africa: a systematic review.</b> <i>Rantho K, Radzilani-Makatu M, Khombo S, Phochana T, Quarshie E. N. B, Themane M &amp; Sodi T</i></p>	<p><b>Rekindling hope and purpose in resource-constrained areas during COVID-19: The merits of career construction counselling</b> Maree J Coping strategies applied by informal female traders at Tshakhuma Fruit Market to manage their psychosocial challenges <i>Seshibedi N</i></p> <p><b>Exploring psychosocial factors and coping strategies during COVID-19 lockdown: a study of two low-income communities in South Africa</b> <i>Gwadiso X, Taliép N, Ismail G &amp; James S</i></p> <p><b>Economic ramifications of COVID-19 restrictions, perceptions and experiences of compliance to social distancing regulations in low-income communities during the pandemic</b> <i>Mokobedi T V, Taliép N, Ismail G, Swart L &amp; James S</i></p> <p><b>Mental health trends of physiotherapists during COVID-19: implications for intervention and future directions</b> <i>Bemath N, Israel N &amp; Hassem T</i></p> <p><b>The importance of the perspectives of disabled community members in creating a South African mental wellness solution</b> <i>Pienaar M</i></p>	<p><b>Unchaining the mind: Sobukwe in the psychotherapy room</b> <i>Den Hollander D</i></p> <p><b>Tshemba: Reflections of a clinical psychologist working in rural communities within the Bushbuckridge Area, Mpumalanga province in South Africa</b> <i>Manzini T</i></p> <p><b>Decolonized temporalities, trauma and healing</b> <i>Maphosa T</i></p> <p><b>Black critical feminist poetry as a tool for relationality, affect and affective methodologies</b> <i>Richards L</i></p> <p><b>Building decolonial peace into the everyday: A feminist intervention</b> <i>Day S, Malherbe N, Suffla S &amp; Seedat M</i></p>	<p><b>Current psychological distress and coping strategies reported by university staff in reaction to the COVID-19 pandemic</b> <i>Sekese D &amp; Campbell M</i></p> <p><b>Stress management and psychological well-being of teachers</b> <i>Visser M</i></p> <p><b>The experiences of compassion fatigue and the cost of caring by psychology professionals working in trauma settings</b> <i>Dunn S</i></p> <p><b>Neurofeedback training and burnout-related symptoms in tertiary-level educators a prospective study</b> <i>Beukes J</i></p> <p><b>Comparing well-being, stigma, infertility-related stress, relationship satisfaction and patient satisfaction between patients receiving treatment for infertility at public and private clinics in South Africa</b> <i>Roomaney R</i></p> <p><b>A systematic review of physical activity: Benefits and needs for maintenance of quality of life among adults with intellectual Disability</b> <i>Jacob U, Pillay J, Ensa J, Omoya O, Adedokun</i></p>	<p><b>Roundtable</b> <b>Training registered counsellors in Cape Town: Challenges and opportunities</b> <i>Franciscus G, Melrose S, Chitanga J &amp; Symington S</i></p> <p><b>14:15-15:15</b></p> <p><b>Psychology in public service settings? A need to move from pacifist to activist in policy redress</b> <i>Crause E</i></p> <p><b>Children's rights: The need for care, safety and protection</b> <i>Omarjee N, Taliép N, Morkel J, James S &amp; Henning T. J</i></p>	<p><b>Symposium</b> <b>Mental health care and the lessons we learned from COVID-19</b> <b>Public health and psychology: Lessons from COVID-19 and how we can train for future disasters</b> <i>Barnes B</i></p> <p><b>Reflecting on mistakes made during a community health intervention for retirement homes in Durban</b> <i>Pillay S</i></p> <p><b>And then everything changed”: reflections on the transition from face-to-face therapy to online therapy during covid 19 in South Africa</b> <i>Lockhat R</i></p> <p><b>The public mental health system in a pandemic: What have we learned?</b> <i>Pillay A</i></p>	<p><b>Symposium</b> <b>Developing psychosocial resources in adolescents to overcome the national mathematics crisis</b> <b>A relative weighting of fluid intelligence, mindset and study orientations in predicting math performance</b> <i>Rajab P &amp; Motileng B</i></p> <p><b>Multifaceted predictive value of personality traits on mathematics performance</b> <i>Rajab P &amp; Motileng B</i></p> <p><b>How to build resilience towards STEM subjects with emotional intelligence</b> <i>Olivier S &amp; Wiggett J</i></p> <p><b>The moderating effect of interest on personality's influence on mathematics performance</b> <i>Olivier S &amp; Wiggett J</i></p>

Thursday, 05 October 2023

Venue	Venue 1 – Fabia 1	Venue 2 – Fabia 2	Venue 3 – NCC	Venue 4 – Julia	Venue 5 - Tiberius	Venue 6 - Romanus	Venue 7 – Senate 1	Venue 8 – Senate 2
Thematic area	Educational Psychology	African Psychology	Forensic Psychology	Public Health	Assessment & Evaluation	Developmental Psychology	Community Psychology	Social Psychology
Chair	Chetty N	Kiguwa P	Gowensmith N	Peters F	Baker M	De Lange S	Cherrington A	Nganase T
15:30-16:30	<p><b>Roundtable</b>  <b>National Senior Certificate results: Fact or deception</b></p> <p><i>Chetty N, Metsing M, Maree K, Sanassiee M &amp; Erasmus P</i></p>	<p>Melancholic hope: African psychology and knowing from loss</p> <p><i>Kiguwa P</i></p>	<p>A fairy tale wedding behind bars. A study into the narratives of male offenders who have gotten married while serving a sentence, using dialogical narrative analysis</p> <p><i>Long D</i></p> <p>Mental illness, jail, and the court in modern America</p> <p><i>Gowensmith N</i></p> <p>Humanizing a (de)humanized subject: Discursive understandings of male-to-male prison rape through affective tropes</p> <p><i>Chitiki E</i></p>	<p>'Australian First Nations Health &amp; Healing Concepts: Findings from relational discourse analysis</p> <p><i>McMahon, M</i></p> <p>Rather shower, don't bath, but we don't have water to drink. Asserting global south voices in the water wars from the global south: A critical, reflexive, autoethnographic photovoice perspective</p> <p><i>Peters F, Maşunde T, &amp; Nemađzivhanani T</i></p>	<p>Roundtable</p> <p><b>The basics of Cognitive Behavioural Therapy for Insomnia (CBT-I) training</b></p> <p><i>Baker M</i></p>	<p>Descriptive characteristics of children with Autism at schools for Autism in Johannesburg, South Africa</p> <p><i>De Lange S</i></p> <p>Enhancing the parent-psychologist alliance in sand play therapy: Utilizing HTFWP drawings completed by anxious children</p> <p><i>Bredenkamp J</i></p>	<p>Hope in African spirituality: A way of being (human) in the world</p> <p><i>Cherrington A</i></p> <p>Qualitative experiences of caregivers of those with severe mental illness in rural areas</p> <p><i>Mulaudzi T</i></p>	<p>A changing culture in marital practices: Experiences of urbanised Makotis and Mmazalas within a South African context</p> <p><i>Nganase T</i></p> <p>Drug abuse, addiction and marital conflicts: Exploring the drug addicted wives' experiences in Abuja, Nigeria</p> <p><i>Ntozini A, Abdullahi A &amp; Olaqunju R</i></p>

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Thematic area	Sexuality	African Psychology	Assessment & Evaluation	Childhood Studies	Trauma & Violence Division	Psychotherapy	Counselling Psychology	Training & Curriculum
Chair	Martin J	Buthelezi N	Makhubela M	Titi N	Den Hollander D	Campbell M & Lesch E	Haine P	Diale B. M
16:30-18:30	<p><b>Symposium</b></p> <p><b>Sex and sexualities at the margins: Re-centring marginalised subjectivities, bodies, and communities</b></p> <p><i>Martin J</i></p> <p><b>Sex/ualities at the margins, marginal/ised sex/ualities: Re-centring or re-locating the centre?</b></p> <p><i>Martin J</i></p> <p><b>Still getting it on? Ageing and positive sexuality</b></p> <p><i>Brouard P</i></p> <p><b>Sex and sexualities: Bodies with different abilities</b></p> <p><i>Ubisi L</i></p> <p><b>Negotiating same sex sexual practices in correctional spaces</b></p> <p><i>Madlala N</i></p>	<p><b>Cultural narratives and health behavior towards culture-centred psychosocial interventions, case examples from KwaZulu Natal</b></p> <p><i>Mafoqne M, Buthelezi N &amp; Zibane S</i></p> <p><b>Culturally congruent intellectual disability psychoeducation intervention in Khayelitsha: traditional healers experiences</b></p> <p><i>Os M &amp; Witbooi S</i></p> <p><b>The perspectives of Xhosa traditional healers in diagnosing and treating amafufunyana</b></p> <p><i>Makupula M &amp; Gqibitole C</i></p> <p><b>Mothering from afar: The experiences of Xhosa women during their son's initiation period</b></p> <p><i>Makupula M</i></p>	<p><b>Using the PID-5 to assess Borderline Personality Disorder Traits in adults in South Africa</b></p> <p><i>Kritharis T &amp; Laher S</i></p> <p><b>The new Attachment in Middle Childhood Questionnaire (AMCQ) in South Africa: An item response theory and latent class analysis investigation</b></p> <p><i>Makhubela M, Mashegoane s, Moalusi K.P, Lebeloane L.D.M., Baloyi V &amp; August J</i></p> <p><b>Factor structure of the Tilburg Pregnancy Distress Scale among women in the Capricorn District, South Africa</b></p> <p><i>Bambo S. C &amp; Mashegoane S</i></p> <p><b>Temporal psychometric network analysis of anxiety symptoms in young South African adults: Do changes in one symptom impact changes in other symptoms?</b></p> <p><i>Makhubela M</i></p> <p><b>Technological and research update for the Learning Potential Computerised Adaptive Test (LPCAT)</b></p> <p><i>de Beer M</i></p> <p><b>Exploring the current validity of the SSAIS – R cognitive assessment</b></p> <p><i>Clayton A &amp; Fourie J</i></p>	<p><b>Symposium</b></p> <p><b>Inter-disciplinary African-centred epistemologies, practice, and policies for impactful child-centric interventions in South Africa</b></p> <p><b>The African Charter on the Rights &amp; Welfare of the Child and the utilisation of a human rights approach to protecting child mental health</b></p> <p><i>Hansungule-Nefale Z</i></p> <p><b>Pasts and futures of violence in childhood trajectories in Southern Africa</b></p> <p><i>Mcinziba S</i></p> <p><b>Decolonising theorising on children: Moving towards African-centred childhood studies pedagogy of sexual violence and trauma</b></p> <p><i>Titi N</i></p> <p><b>A culturally sensitive First One Thousand Days intervention in a Xhosa-speaking community in the Eastern Cape</b></p> <p><i>Mzinyati A</i></p> <p><b>Slow violence of malnutrition - hunger trauma</b></p> <p><i>Witten C</i></p>	<p><b>Roundtable</b></p> <p><b>Why the July riots of 2021 still matter: Social violence, and the geographies of racial capitalism</b></p> <p><i>Den Hollander D, van Heerden A, Bofelo M &amp; Moodley S</i></p> <p><b>17:30-18:30</b></p> <p><b>Trauma &amp; Violence</b></p> <p><b>Impact of the COVID-19 pandemic on road traffic injury mortality in Mpumalanga, South Africa between 2018-2022</b></p> <p><i>Henning T. J, Nkuna P. M &amp; van Niekerk A</i></p> <p><b>A Demographics, research and methodological traditions in violence and injury prevention research: The case of the African safety promotion: A journal of injury and violence prevention</b></p> <p><i>Dumani N, Ngwenya N, van Niekerk A &amp; Seedat M</i></p> <p><b>Caller entitlement in medical emergency calls: A negotiated stance</b></p> <p><i>Beukes J, Watermeyer J &amp; Koole T</i></p>	<p><b>Symposium</b></p> <p><b>Contextualising couple therapy in South Africa</b></p> <p><b>Family meetings as a marital intervention</b></p> <p><i>Sobekwa Z</i></p> <p><b>Psychologists' experiences of providing couple therapy</b></p> <p><i>Adams I</i></p> <p><b>Translation of the Composite Abuse Scale (Revised) Short Form (CASR-SF) into isiXhosa</b></p> <p><i>Mankantshu B</i></p> <p><b>Predictors of violence and protective factors in South African couples</b></p> <p><i>Parkinson C</i></p> <p><b>Towards a valid Afrikaans-translation of the CASr-SF: A linguistic and cultural transfer</b></p> <p><i>Steyn C</i></p>	<p><b>Across the professional lifespan: Comparing the employment trends of counselling psychologists in South Africa</b></p> <p><i>Haine P</i></p> <p><b>Online counselling: The preferred method of counselling by students at the University of Fort Hare counselling unit, East London campus</b></p> <p><i>Nkondlwana S &amp; Makupula M</i></p> <p><b>Exploring the effectiveness of programs offered by student counselling units on suicidal and depressed university students in South Africa</b></p> <p><i>Jarana L &amp; Makupula M</i></p> <p><b>Empowering the next generation: The value of mentorship in supporting psychology students</b></p> <p><i>Benyon D &amp; Dunn L</i></p> <p><b>The experiences of volunteer lay counsellors from marginalised backgrounds in Gauteng</b></p> <p><i>Naidoo S &amp; Patel R G J</i></p> <p><b>Perceptions of psychological distress: Students and campus counsellors' perspectives</b></p> <p><i>Mudau T</i></p>	<p><b>Indlela ibuzwa kwabaphambili: Using indigenous knowledge practices to support first-year first-generation African students in their career transition to higher education</b></p> <p><i>Diale B. M</i></p> <p><b>Personal therapy in clinical training of Clinical Psychology programmes</b></p> <p><i>Marole H &amp; Viljoen B</i></p> <p><b>Private higher education psychology honours students' perspectives on academic writing strategies</b></p> <p><i>Byne-Ross K, Chitanga J &amp; Franciscus G</i></p> <p><b>Experiences of coordinating the BPsych. Equivalent practicum programme: A case study</b></p> <p><i>Chitanga J &amp; Franciscus G</i></p> <p><b>A collaborative autoethnographic exploration of experiences of research psychology interns</b></p> <p><i>Mokobedi T. V, Henning T J &amp; Harris S</i></p>

# Friday, 06 October 2023

Venue	Venue 1 – Fabia 1	Venue 2 – Fabia 2	Venue 3 – NCC	Venue 4 – Julia	Venue 5 – Tiberius	Venue 6 - Romanus	Venue 7 – Senate 1	Venue 8 – Senate 2
Thematic area	Gender	Community Psychology	Assessment & Evaluation	Psychotherapy	Trauma & Violence	Public Health & Policy	Industrial/Organisational Psychology	Educational Psychology
Chair	Boonzaier F	Makola S	Munnik E	Booyesen D	Richardson P	Hendricks L	Olwagen J	De Sousa D
08:00 - 10:00	<p><b>Symposium</b></p> <p><b>Researching gender, identity and violence: Reflections on radical hope and healing</b></p> <p>“The dance between livelihood and truth”</p> <p><i>Mpofu T</i></p> <p>Representing activists: Exploring the experience of protesting GBV</p> <p><i>Mhlanqulana A</i></p> <p>Exploring women’s experiences of TBI and IPV: Exploring possibilities for healing</p> <p><i>Zimri C. L</i></p> <p>An exploration into the experiences of Black and Queer South African influencers: A decolonial trans feminist narrative inquiry</p> <p><i>Isaacs S &amp; Nel J</i></p> <p>Trans men and mental healthcare: From hopelessness and vulnerability to healing and hope</p> <p><i>Daya J</i></p> <p>Centering ourselves: Exploring reflexive research on violence and trauma, the possibilities for healing</p> <p><i>Carr K &amp; Boonzaier F</i></p>	<p>Exploring the psychosocial support structures available for child-headed households in Nongoma, Kwa Zulu Natal</p> <p><i>Buthlezi N, Makupula M &amp; Nyeka B</i></p> <p>The impact of absent fathers on adolescents identity formation</p> <p><i>Fata H. A &amp; Makupula M</i></p> <p>The effectiveness of psychological interventions employed to caregivers in times of crisis</p> <p><i>Meyiwa T, Makola S &amp; Myaka N</i></p> <p>Psychology of poverty and parenting decisions: The daily struggles in rural Africa and among the urban poor</p> <p><i>Mayisela S &amp; Oppong S</i></p> <p>Parental stressors, coping mechanisms, family resilience and hope among parents of children living with Autism Spectrum Disorder in semi-rural communities in Limpopo, South Africa.</p> <p><i>Mokgomola T</i></p>	<p><b>Symposium</b></p> <p><b>Using conceptual frameworks to guide adaptation of the E3SR</b></p> <p>The development of the Quality of translation and linguistic equivalence checklist (QTLC).</p> <p><i>Smith M</i></p> <p>The translation of the E3SR into Afrikaans</p> <p><i>Adams N</i></p> <p>The Conceptual Construct Validation Appraisal Checklist (CCVAC)</p> <p><i>Smith M</i></p> <p>Psychometric properties of the Revised E3SR</p> <p><i>Koopman L</i></p>	<p><b>Symposium</b></p> <p><b>Prolonged exposure therapy for PTSD in a South African context: Progress, challenges, and future directions</b></p> <p>Prolonged Exposure for primary care in a low resourced community: a Pilot study</p> <p><i>Booyesen D</i></p> <p>Long term effectiveness of prolonged exposure for adolescents with PTSD, in a task-shifted intervention in South Africa: Comparative trial of supportive counselling</p> <p><i>Rossouw J</i></p> <p>The feasibility atitnd acceptability of task-shifting Prolonged Exposure for Primary Care (PE-PC) for Posttraumatic Stress Disorder (PTSD) within a low resource community in the Eastern Cape</p> <p><i>Shabanqu P</i></p> <p>Task-shifting Prolonged Exposure Therapy for the treatment of PTSD among refugees at a Trauma Centre: a feasibility study</p> <p><i>Markham K</i></p>	<p>Vicarious trauma among emerging violence prevention researchers</p> <p><i>Richardson P &amp; Dumani N</i></p> <p>A scoping review of the trauma interventions for children in South Africa</p> <p><i>Lukic H</i></p> <p>Exposure to trauma and violence amongst children in the Vhembe District, Limpopo province</p> <p><i>Nedzingane M &amp; Maphula A</i></p> <p>The implementation of trauma-sensitive mindfulness by an educational psychologist to address Post-Traumatic Stress Disorder (PTSD) of war-traumatised refugees including children, parents, teachers and medical students</p> <p><i>Jeebodh-Desai L</i></p> <p>Healing Collective Trauma</p> <p><i>Van der Walt F &amp; Ratala M</i></p>	<p><b>Movie Screening</b></p> <p><b>Born to thrive: The psychological fraternity’s response to enabling environments for young women</b></p> <p><i>Hendricks L</i></p> <p><b>09:00-10:00</b></p> <p><b>Roundtable</b></p> <p><b>Beyond the algorithm: research shaping and thriving within the ChatGPT landscape</b></p> <p><i>Rajab P, Bemath N, Lazarus T &amp; Hendricks L</i></p>	<p>Decent work and employee resilience: Do high-performance human resource management practices matter?</p> <p><i>Chinyamurindi W, Ruzungunde V &amp; Sanhokwe H</i></p> <p>Yoga as a workplace wellness strategy for promoting employee well-being in the South African context</p> <p><i>Meiring L</i></p> <p>Epigenetics in the workplace: Theory and practice</p> <p><i>Hattingh B</i></p> <p>A whole brain ecosystemic approach to establishing hope and healing in an educational context: An interactive workshop</p> <p><i>Olwagen J</i></p>	<p>Exploring social connectedness and generalised empathy with postgraduate psychology students amidst the covid-19 pandemic: The value of the hidden curriculum</p> <p><i>Viljoen A</i></p> <p>Teachers' knowledge, beliefs, and practices on ADHD in South African classrooms: implications for inclusion</p> <p><i>De Sousa D</i></p> <p>Caregivers' perceptions on children's emotional regulation skills post Covid-19: A descriptive study</p> <p><i>Symington S &amp; Chitanga J</i></p> <p>Psychosocial support for children living with Developmental Coordination Disorder</p> <p><i>O'Kelly N &amp; Fourie J</i></p> <p>Quality of care and support for the intellectually disabled learners with a history of sexual abuse</p> <p><i>Mdikana A. A</i></p>
10:00 - 10:30	Tea							



Friday, 06 October 2023

Venue	Venue 1 – Fabia 1	Venue 2 – Fabia 2	Venue 3 – NCC	Venue 4 – Julia	Venue 5 - Tiberius	Venue 6 - Romanus	Venue 7 – Senate 1	Venue 8 – Senate 2
Thematic area	Sexuality	Community Psychology	Health Psychology	Trauma & Violence	Neuropsychology	Social Psychology	Clinical Psychology	Writing & Publication
Chair	McLachlan C	Cherrington A	Martin J	Maepa M	Truter S	Gowensmith N	SA Mathole & R Weimar	Duncan N
10:30 - 11:45	<p><b>Detransitioning-ethical implications for the affirming psychologist</b></p> <p><i>McLachlan C</i></p> <p><b>Will gay men self-objectify based on communities' expectation of a traditional masculine ideal?</b></p> <p><i>Moseya N, Mashegoane S, Makhubela M</i></p> <p><b>Always on (the) edge: Trans lives in South African university settings</b></p> <p><i>Brouard P</i></p> <p><b>"Telling our stories": Exploring and documenting the lived experiences of sexually and gender diverse offenders in South African correctional facilities (Kgosi Mampuru II and Johannesburg Management Areas)</b></p> <p><i>Madlala N</i></p>	<p><b>Roundtable</b></p> <p><b>Self-care as an ethical responsibility in community psychology</b></p> <p><i>Cherrington A &amp; Du Rand D</i></p>	<p><b>The value of health literacy as a socially constructed concept: Recommendations for intervention development</b></p> <p><i>Mostert S</i></p> <p><b>Developing a postgraduate module in health psychology: Reflections on building a relevant curriculum</b></p> <p><i>Martin J &amp; Mostert S</i></p> <p><b>Health literacy amongst a university student population: A comparative study</b></p> <p><i>Mostert S &amp; Venter S</i></p> <p><b>Somali women migrants coping strategies in the South African informal sector</b></p> <p><i>Siqamoney J</i></p>	<p><b>Relationship between childhood trauma and risk-taking behaviours among Swaziland adolescents</b></p> <p><i>Maepa MP</i></p>	<p><b>Position paper on principles and practices for psychology sleep health in South Africa</b></p> <p><i>Baker M</i></p> <p><b>Human rights issues relating to traumatic brain injury: A neglected priority</b></p> <p><i>Lazarus T</i></p> <p><b>Clock Drawing Test: An easy-to-administer, inexpensive and possibly culture-fair test</b></p> <p><i>Truter S</i></p> <p><b>Psychologists lived experiences of working in a neuro-rehabilitation setting with a traumatic brain injury population</b></p> <p><i>Messerli B</i></p>	<p><b>Click! Using photovoice to explore race, ethnicity, and identity within psychology graduate students</b></p> <p><i>Gowensmith N, Bawa A &amp; Ahmed R</i></p> <p><b>Everyday narratives: Reflections on early encounters with race amongst South African born-free youth</b></p> <p><i>Ngwenya N &amp; Kiguwa P</i></p>	<p><b>Roundtable</b></p> <p><b>Psychology within the physical rehabilitation space from a group practice perspective: The real, the ugly, and the truth</b></p> <p><i>SA Mathole &amp; R Weimar</i></p>	<p><b>Symposium:</b></p> <p><b>Writing and reviewing for publication</b></p> <p><b>What does it take to improve journal article writing?</b></p> <p><i>Carolissen R</i></p> <p><b>To AI or not to AI: Journal policies on AI use in manuscript writing and reviews in Psychology</b></p> <p><i>Laheer S</i></p> <p><b>Selecting the right journal for impact: An insider (and outsider) perspective</b></p> <p><i>Bowman B</i></p> <p><b>The value of reviews for authors, reviewers and the psychology journals</b></p> <p><i>Duncan N</i></p> <p><b>Registered reports and why we should be doing more of them.</b></p> <p><i>Barner K</i></p>

Friday, 06 October 2023

Venue	Venue 1 – Fabia 1	Venue 2 – Fabia 2	Venue 3 – NCC	Venue 4 – Julia	Venue 5 - Tiberius	Venue 6 - Romanus	Venue 7 – Senate 1	Venue 8 – Senate 2
Thematic area	Sexuality	Community Psychology	Research Methods	Social Psychology	Public Health, Prevention, Policy Advocacy	Clinical Psychology	Professional Psychology, Teaching, Licensure	Culture & Religion
Chair	Pillay S	Seedat F	Rajab P	Mabusela T	Viljoen B	Mayisela S	Martin J	Metsing M
11:45 - 13:15	<p><b>Roundtable</b></p> <p><b>Love in an era of persecution: How do community activists maintain hope against rising anti-LGBTQ+ propaganda across Africa?</b></p> <p><i>Community &amp; Social Psychology Division and Sexuality &amp; Gender Division</i></p> <p>Kgasi K, Nokuthula S &amp; Xulu L</p>	<p>Traversing the ambiguities and challenges of community engagement in South Africa: An emerging researchers' perspective</p> <p><i>James S, Morkel J &amp; Ngwenya N</i></p> <p>An innovative solution to the lack of access to mental health support and services in underprivileged communities through SADAG counselling containers</p> <p><i>Seedat F</i></p> <p>Mapping exploratory links between psychological distress and loadshedding-specific stressors in the SADAG community</p> <p><i>Dworzanowski-Venter B</i></p> <p>Exploring acts of community solidarity during the COVID-19 crisis: Perceptions and experiences of two under-resourced communities in South Africa</p> <p><i>James S, Taliep N &amp; Ismail G</i></p>	<p><b>Roundtable</b></p> <p><b>A practical introduction to jamovi: An open-source statistical analysis software</b></p> <p><i>Rajab P, Clack C, Peters F</i></p>	<p>Facilitators And Barriers to On-Campus Help-Seeking Behaviours: Perspectives of University Students</p> <p><i>Mudau T</i></p> <p>Interprofessional collaboration to enhance contraceptive uptake among school-going adolescents</p> <p><i>Mabusela T</i></p> <p>Towards a sustainable and healthier future: An exploration of South African citizens experiences with plant-based foods using a mixed methodology approach</p> <p><i>Venter Z</i></p>	<p><b>The Pamphlet Project</b></p> <p><i>Viljoen B</i></p>	<p>I own it; I am the troublemaker: Dirty work and deviance in clinical practice</p> <p><i>Siswana A</i></p> <p>Reprocessing and desensitising the unconscious generational narrative</p> <p><i>Howes D</i></p> <p>Challenges in conceptualizing cultural countertransference: An interpretive phenomenological analysis of therapist's experiences</p> <p><i>Van Heerden A</i></p> <p>Advancing a socio-cultural activity perspective in a psychodynamic-oriented psychotherapy training programme</p> <p><i>Mayisela S</i></p>	<p><b>Roundtable</b></p> <p><b>The Big O – Overlap: Reflections on curricular overlap in professional masters-level clinical and counselling psychology degree programmes</b></p> <p><i>Martin J, Rawatlal K, Booyesen D, Campbell</i></p>	<p>Exploring the challenges of a singular narrative on being a man: Stories told through the lens of young men, Masikhulume Ndoda</p> <p><i>Metsing M &amp; Nodoba G. J</i></p> <p>Culture and religion in understanding mental illness by the residents of the Eastern Cape Province in South Africa</p> <p><i>Sikrwege O, De Klerk U &amp; Ally Y</i></p>

13:15 - 13:30 Closing ceremony

## **Poster Presentations**

**Thursday, 05 October 2023: 10:00 – 10:30**

Albertina Sisulu: A psychobiographical sketch from an Integrated African Psychology Perspective

*Fouche P, Molutsi R & Naidoo P*

Effect of rational-emotive behavior intervention on depression among Nigerian pre-service teachers

*Eseadi C*

Exploring the relationship between stigmatisation and the mental health of South African LGBTQ+ Adults

*Viljoen J, Delpont M, Smit B & Palmieri F*

Radical hope: Teachers' perceptions of homophobic victimisation

*Mostert H P*

Women as catalysts: addressing school violence in marginalized communities

*Rabie C & Mvukwe P*

Occupational health and safety perceptions as a predictor of work engagement at a coal mine in Mpumalanga province

*Mabuya T, Bekwa N, Moalusi K.P*

The resilience of learners with specific learning disability in unequally resourced learners with special education needs schools in diverse contexts

*Mawila D*

The development of the Social Treasures Programme to enhance the social functioning of learners in middle childhood

*Beets S, Van Schalkwyk I & Kirsten D*

Who is self-compassionate? A socio-cultural analysis of self-compassion

*Jagga J & Sandoval-Martinez A*

Investigating the impact of online gaming on the psychological well-being of emerging adults

*Chitanga J, Van Zyl L, Tshepe K, Davids K & Chibba, N*

An exploration of nature-based approaches to mental well-being in South Africa: A systematic review

*Adams-Adonis N*

The effect of organisational justice organisational trust on a sample of airborne military practitioners

*Mthembu O & Luzipo P*

Ingrid Jonker: A psychobiography of literacy exceptionality and emotional turmoil

*Fouche P & Rust B*

## **Poster Presentations**

**Friday, 06 October 2023: 10:00 – 10:30**

Syd Barrett the rock pioneer and co-founder of Pink Floyd: A psychobiography  
*Fouche P, Langenhoven R & Naidoo P*

A scoping review of the traditional methods of treating mental health in sub-Saharan Africa  
*Chitanga J, Sobotker N, Franciscus G, Symington S & Byne-Ross K*

Amplifying voices: identity formation and resilience of early adolescent mothers in marginalized communities  
*Damons L. N & Rabie C*

Selves within selves on a university campus: An interdisciplinary perspective on flourishing and social responsibility in a transitional society  
*Naude L*

Shame and ageing  
*Nel K*

Gender and rank differences on perceptions of organisational justice on a sample of airborne South African military practitioners  
*Mthembu O & Luzipo P*

Accessing learner respondents during a pandemic: Methodological challenges arising from gatekeeper reactions

*Mashegoane S, Makhubela M, Baloyi V, August J, Lebeloane L. D. M & Moalusi K. P*

Unwanted early sexual experiences among Belgium and South Africa university male students  
*Revell A*

A psychological model on caregiving for adults who suffered severe traumatic brain injury  
*Sodi E*

Female managers perspectives on work-life balance  
*Musasa T & Moalusi KP*

A psycho-educational comparison of stress among grade 12 learners in suburban and township schools  
*Yawa S*

Work-related sense of coherence and psychological wellbeing among senior managers in an audit organization  
*Joseph J, Bekwa N & Moalusi K. P*

Perceived social support as a mediator of covid-19 stress and symptoms of anxiety and depression among learners.  
*Mashilo K. P, Bekwa N & Moalusi K. P*