



HEALTH PSYCHOLOGY
SPECIAL INTEREST GROUP

UPDATES FROM THE HEALTH PSYCHOLOGY SPECIAL INTEREST GROUP

General

-- Surveys

To those of you who have participated in completing the survey for the Special Interest Group values, we thank you for participating.

We as the SIG have been excitingly at work developing the final list of values which we will seek to be upholding. It is with great pleasure that we now announce the 5 values have been chosen and definitions for each have been decided on. These will be made available via our online platforms, which are listed below. We are eager to hear you and interact with you on our different social platforms.

-- 2021 Content

Another exciting development is that of the Special Interest Group Topics for 2021. We are in the process of formulating a table in order for our readers and potential collaborators to foresee our content vision for this year. We look forward to sharing this with you soon.

Working groups

News and membership: The news and membership group have been enthusiastically busy with the preparation for the first newsletter for 2021 as well as the bi-weekly SIG updates that our readers have been receiving. The group has received exciting articles for their first newsletter and are now in the process of editing.

- The News and Membership working group are dedicated to producing 4 newsletters for this year. Each newsletter will focus on a particular topic. The first newsletter, to be sent out at the end of March, will focus on the Covid-19 pandemic.

- Please also do follow us on our social media platforms

Twitter: @PSYSSA_Health_Psyc

Instagram: @PSYSSA_Health_Psyc

Facebook: Psyssa Health Psychology Special Interest Group

**Reminder to register with PSYSSA

<https://www.psyssa.com/membership/membership-2021/>

Events: Exciting developments in the early months for the Events group as they have started recording podcasts, which will soon be uploaded and made available to our health psychology readers.

Research: The research team continue to work on their first article on the relevance of Health Psychology in South Africa. They have also been focusing on presenting relevant research for the 20th century health psychology reader.

South African Health Psychology research publications

Telepsychology and the COVID-19 pandemic: The experiences of psychologists in South Africa

<https://journals-sagepub-com.ez.sun.ac.za/doi/full/10.1177/0081246321993281>

Undergraduate psychology student experiences during COVID-19: Challenges encountered and lessons learnt

<https://journals-sagepub-com.ez.sun.ac.za/doi/full/10.1177/0081246321995095>

Depression among health care students in the time of COVID-19: The mediating role of resilience in the hopelessness-depression relationship.

<https://journals-sagepub-com.ez.sun.ac.za/doi/full/10.1177/0081246321994452>

**We will share your most recent health psychology publications with the mailing list. Please send the reference and a link to your article to psyssahealthpsychologygroup@gmail.com.

Conferences and events

**If you have any information on conferences, webinars or seminars coming up for this year, do send it to our mailbox at psyssahealthpsychologygroup@gmail.com so that we may share it via our bi-monthly update emails.