



HEALTH PSYCHOLOGY
SPECIAL INTEREST GROUP

UPDATES FROM THE HEALTH PSYCHOLOGY SPECIAL INTEREST GROUP

General

-- Our values

In a recent survey we asked SIG members to share with us the values that they think the SIG should embrace. The following values have been identified and more about them will be shared on our social media platforms in the upcoming weeks:

Respect

Collaboration

Diversity

Integrity

Growth

-- 2021 Content

The events working group, lead by Laura Hartmann, have decided on themes that the SIG will explore for the year. Our podcasts, newsletters and seminars will be based on these themes. If you would like to contribute to any of these themes, please contact us at psysahealthpsychologygroup@gmail.com or rizwanaroomaney@sun.ac.za

Feb – March: TB Awareness

April – May: Health Worker Recognition

June – July: Men's Health

August – September: Women's Health

October – November: Disability & Health

Working groups

News and membership: The news and membership group have been enthusiastically busy with the preparation of the first newsletter for 2021 and the SIG updates. The group has received exciting articles for their first newsletter and are now in the process of editing.

- Please also do follow us on our social media platforms

Twitter: @PSYSSA_Health_Psyc

Instagram: @PSYSSA_Health_Psyc

Facebook: Psyssa Health Psychology Special Interest Group

**Reminder to register with PSYSSA

<https://www.psyssa.com/membership/membership-2021/>

Events: Exciting developments in the early months for the Events group as they have started recording podcasts, which will soon be uploaded and made available to our health psychology readers.

Research: The research team continue to work on their first article on the relevance of Health Psychology in South Africa. They have also been focusing on presenting relevant research for the 20th century health psychology reader.

South African Health Psychology research publications

Telepsychology and the COVID-19 pandemic: The experiences of psychologists in South Africa

<https://journals-sagepub-com.ez.sun.ac.za/doi/full/10.1177/0081246321993281>

Undergraduate psychology student experiences during COVID-19: Challenges encountered and lessons learnt

<https://journals-sagepub-com.ez.sun.ac.za/doi/full/10.1177/0081246321995095>

Depression among health care students in the time of COVID-19: The mediating role of resilience in the hopelessness-depression relationship.

<https://journals-sagepub-com.ez.sun.ac.za/doi/full/10.1177/0081246321994452>

****We will share your most recent health psychology publications with the mailing list. Please send the reference and a link to your article to psysahealthpsychologygroup@gmail.com.**

Conferences and events

The British Psychological Society Division of Health Psychology will host a virtual conference, 29-30 June 2021. For more information see the following website: <https://www.delegate-reg.co.uk/dhp2021/>

****If you have any information on conferences, webinars or seminars coming up for this year, do send it to our mailbox at psysahealthpsychologygroup@gmail.com so that we may share it via our bi-monthly update emails.**