

<p><u>NATIONAL CRISIS LINES:</u></p> <p>LifeLine:</p> <ul style="list-style-type: none"> ○ National Counselling Line: 0861 322 322 ○ Stop Gender Violence: 0800 150 150 <p>SADAG:</p> <ul style="list-style-type: none"> ○ Suicide Crisis Line: 0800 567 567 ○ Helpline: 0800 21 22 23 	<p><u>GAUTENG:</u></p> <p>The University of Pretoria:</p> <ul style="list-style-type: none"> ○ Student Counselling: UP Careline 0800 747 747 ○ SMS 31393 for a call-back <p>The University of the Witwatersrand (Wits):</p> <ul style="list-style-type: none"> ○ Counselling and Careers Development Unit (CCDU): 011 717 9140 / 32 ○ Wits Student Crisis Line: 0800 111 331 <p>Sefako Makgatho Health Sciences University:</p> <ul style="list-style-type: none"> ○ Centre for Student Counselling & Development – Tel: 012 521 3786 	<p><u>NORTH WEST:</u></p> <p>North West University:</p> <p>Mafikeng Campus crisis lines: 018 389 2277/ 018 389 2167</p> <p>Potchefstroom Campus:</p> <ul style="list-style-type: none"> ○ 018 299 1777 <p>Vaal Triangle Campus:</p> <ul style="list-style-type: none"> ○ 082 815 9781 	<p><u>LIMPOPO:</u></p> <p>University of Limpopo:</p> <ul style="list-style-type: none"> ○ Centre for Student Counselling and Development: 015 268 2437/2552 ○ Afterhours emergencies: 015 268 2849/2498 <p><u>FREE STATE:</u></p> <p>University of the Free State:</p> <ul style="list-style-type: none"> ○ Student Counselling and Development: 051 401 2853
<p><u>WESTERN CAPE:</u></p> <p>Cape Peninsula University of Technology:</p> <ul style="list-style-type: none"> ○ Student Counselling: 21 460 3237 <p>Stellenbosch University</p> <ul style="list-style-type: none"> ○ Centre for Student Counselling and Development (CSCD) 021 938 9590 ○ 24-hour crisis service: 010 205 3032 / 082 557 0880 <p>University of Cape Town:</p> <ul style="list-style-type: none"> ○ SADAG UCT Student Careline: 0800 24 25 26 ○ SMS 31393 for a call-me-back <p>The University of the Western Cape:</p> <ul style="list-style-type: none"> ○ Centre for Student Support Services (CSSS): 021 959 2299 (to book an appointment) ○ Student Counselling Helpline: 0800 222 333 	<p>University of Johannesburg:</p> <ul style="list-style-type: none"> ○ Crisis Line: 082-054-1137 ○ Centre for Psychological Services and Career Support: <p>Auckland Park Bunting Road 011 559 1318</p> <p>Auckland Park Kingsway 011 559 3324</p> <p>Doornfontein 011 559 6042</p> <p>Soweto 011 559 5752</p> <p>Tshwane University of Technology:</p> <ul style="list-style-type: none"> ○ Student Development and Support: 012 382 5010/4826 ○ Pietermaritzburg: 031 260 5233 ○ Edgewood Campus: 031 260 3653 ○ The Psychology Clinic: (031) 260 7425 	<p><u>KWAZULU-NATAL:</u></p> <p>Durban University of Technology:</p> <p>Student Counselling and Careers Resource Centre: 031 373 2266</p> <p>The University of KwaZulu-Natal:</p> <p>College of Humanities Student Support Services:</p> <p>Howard College: 031 260 2668</p>	<p><u>EASTERN CAPE:</u></p> <p>Nelson Mandela University Student Counselling, Career & Development Services:</p> <ul style="list-style-type: none"> ○ 041 504 2511 <p>Rhodes University Student Counselling Centre: 046 603 7070</p> <p>Psychological Emergency Number: 082 803 0177</p> <p>University of Fort Hare Student Counselling:</p> <ul style="list-style-type: none"> ○ Alice Campus: 040 602 2279 ○ East London Campus: 040 704 7009 / 7314

