The 24th Annual Psychology Pre-Congress Workshops

All the Pre-Congress Workshops take place on Tuesday 11 September 2018, Emperor’s Palace, Johannesburg

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| Forensic psychology practice in Criminal Law  
_Presenter: Prof. Anthony Pillay_ | Using online technology in your psychotherapy practice: Practical tips to get the most out of online technology and manage the potential risks  
_Presenter: Dylan Evans_ |
| African Centered Healing/Psychotherapy: Reflections on Theory and Practice  
_Presenters: Prof Tholene Sodi, Prof Nhlanhla Mkhize & Dr Lesiba Baloyi_ | Entrepreneurial Skills for Registered Psychological Practitioners  
_Presenter: Prof Gertie (HG) Pretorius_ |
| Adaptation and validation of the Raven’s Progressive Matrices (SA edition)  
_Presenters: Nicola Taylor and Sharlene Oliver_ | Addressing Trauma in the Body, Not the Mind, Through Play and Words  
_Presenter: Dr. Elzette Fritz_ |
Presenter: Prof. Anthony Pillay

Anthony Pillay is an Associate Professor in Behavioural Medicine at the Nelson R Mandela School of Medicine & Fort Napier Hospital. His post-doctoral training is in Maternal & Child Health at Harvard University & his research in the area of women & children’s mental health, forensic mental health & professional training. He is a Visiting Professor at the University of Mauritius, where he also conducts research.

Abstract

The workshop is practice-oriented and takes participants through the assessment of fitness to stand trial, criminal responsibility, intellectually disabled and mentally ill rape survivors’ competency to testify and ability to consent to sex, in terms of the Criminal Procedure Act and the Sexual Offences Amendment legislation.
Convenor: Prof Tholene Sodi
Presenters: Prof Nhlanhla Mkhize & Dr Lesiba Baloyi

Prof Tholene Sodi is currently serving as the president of the Psychological Society of South Africa (PsySSA). He is a clinical psychologist with more than 25 years of clinical, teaching and research experience. He is Professor and Head of the Department of Psychology at the University of Limpopo. His main areas of research interest include indigenous knowledge systems, culture and mental health, ethics, and mental health policy.

Prof Nhlanhla Mkhize is the Dean and Head of Applied Human Sciences at the University of KwaZulu-Natal. His primary areas of research involve indigenous knowledge systems including ethics as well as the role of African languages in teaching, learning, and psychological practice.
Dr Lesiba Baloyi is a Chief Clinical Psychologist and Head of Department of Clinical Psychology at Dr George Mukhari Academic Hospital & Sefako Makgatho Health Sciences University. His areas of research interest include African philosophy and psychology, indigenous healing systems and methodologies.

Abstract

Western theoretical and philosophical frameworks inform the teaching and practice of psychotherapy in South Africa. The theories and philosophies are at variance with the majority of the population who are in need of psychological intervention, whose holistic Ubuntu worldview consider the individual as a dynamic system with psychological, biological, social and spiritual components that need to maintained in harmony (balance or equilibrium). The current workshop reflects on the experiential and conceptual misalignment in psychotherapy with people of African ancestry. It introduces Ubuntu (NTU) healing and its key dimensions—spirituality, harmony, balance, interdependence, being as transformation, interconnectedness, etc—and continues to reflect on some cases studies in African-oriented psychotherapy or healing. A framework for understanding ethical dilemmas in working with people of African ancestry is presented.
Presenters: Nicola Taylor and Sharlene Oliver

Sharlene Olivier is a research psychologist at JvR Psychometrics, where she is mainly engaged in norm development; test development, adaptation and review; and the JvR research assistance programme. She received a M.A. degree in Psychology from the University of the Witwatersrand, Johannesburg in 2014. In 2015 she completed her internship programme at JvR Psychometrics, after which she joined the research team. Sharlene is passionate about youth development, emotional intelligence and cognitive psychology.

Nicola Taylor is a Director at JvR Psychometrics (JvR). She is head of the Research Department, where she is responsible for managing the evaluation of the psychometric assessments distributed by JvR in terms of their appropriateness in the South African context. Nicola often conducts research with organisations in order to determine the effectiveness of programmes or the assessments used within the organisation. She has co-authored articles published in peer-reviewed journals, contributed to book chapters, and read a number of papers at local and international conferences. Her research focus is on cross-cultural psychological assessment, particularly within the field of personality assessment.
test construction, and the validation of psychometric assessments in the South African context. Nicola is a senior research associate of the department of Industrial Psychology and People Management at the University of Johannesburg.

Abstract

The Raven’s Progressive Matrices (Raven’s) has enjoyed a long history of use in South Africa over a variety of contexts. As a measure of general cognitive ability, it has relevance for psychologists in all categories, and is widely used in industry, education, and clinical work. However, it is also prone to all of the pitfalls in using cognitive assessments in South Africa. This workshop explores the research done using the Raven’s assessments in South Africa, describes the translation of materials, looks at the development of norms, and incorporates practical considerations during the administration of the Raven’s. The workshop covers the Coloured, Standard, and Advanced forms of the Ravens.
Presenter: Dylan Evans

Dylan Evans is a Clinical Psychologist in Private Practice in Pietermaritzburg. He is also a part-time lecturer & senior clinical psychologist in Behavioural Medicine at the Nelson R Mandela School of Medicine & Fort Napier & Town Hill Hospitals. Additionally, he holds various degrees in Psychology. Among Dylan’s areas of interest are mental health issues in men, which he has research and published on, as well the use of online technologies among mental health professionals.

Abstract

Are you using email, Skype, Facetime, Facebook or Whatsapp in your practices? Ever wondered whether there are professional risks in using these? This workshop will introduce the potential benefits of using online technology in your practice and also highlight the associated risks and potential ethical issues. Practical suggestions and guidelines for managing these risks will be provided so that you can be more confident in using online technology in your practice.
Professor Gertie Pretorius is a Registered Counselling Psychologist for the last 36 years and a Registered Research Psychologist for the past 9 years. Apart from her professional Masters and Doctoral degrees in Psychology, she also holds a Master’s degree in Philosophy, specialising in ethics. As an academic and a practitioner, Prof Pretorius supervised and trained Counselling, Educational, Research and Clinical Psychologists in formal HPCSA accredited programs. She served on the Professional Board for Psychology of the HPCSA between 2004 and 2015. Professor Pretorius has a passionate interest in the role that Registered Psychologists in all categories, Registered Counsellors and Psychometrists can fulfil in the South African society. However, she is aware that few job opportunities exist for Registered Psychological Practitioners and believe with the appropriate entrepreneurial skills they can contribute meaningfully to the South African society while they are also economically successful in independent and private practice. Professor Pretorius, currently, practices privately as Counselling Psychologist and runs a successful business where she balances her entrepreneurial skills with Psychological practice in an ethical way.
Abstract

During this interactive and practical half day workshop for Registered Psychological Practitioners of all Registration Categories learning will be facilitated by hands on work. The workshop will be aimed at practitioners who want to be self-employed and equip them with the necessary skills to think in an entrepreneurial way. At the end of the workshop Registered Practitioners will have acquired the following knowledge and skills:

• How Practitioners can empower themselves to create their own work
• Begin to think in an entrepreneurial way about psychological practice
• Have a model to work in a variety of ways and not only one-on-one
• Understanding their own transferable skills
• Harnessing your skills in a private and independent practice
• Identifying the services they want to deliver
• Identifying an environment where their skills can be delivered
Abstract Continued:

• Develop a competitive edge in a market that is already full
• How to market your services in an ethical way
• Working within the scope of practice of your particular registration category and be successful while doing it.
Workshop Title: Addressing Trauma in the Body, Not the Mind, Through Play and Words

Afternoon Session: 13:15- 16:45

Presenter: Dr. Elzette Fritz

Dr Elzette Fritz (D.Ed Psych; M.Ed Psych; B.Ed Psych; HED; BA) is a registered Educational Psychologist in private practice and research and teaching associate in the Department of Educational Psychology, at the University of Johannesburg, South Africa. She was the coordinator for the Masters Educational psychology programme with lecturing responsibilities in therapeutic interventions and counselling skills in the Department of Educational psychology, University of Johannesburg, for nine years. Elzette is a part-time lecturer at the South African College for Applied Psychology. She is a fellow director of MEISA (Milton Ericksonian Institute of South Africa) that provides training to professionals in Ericksonian hypnotherapy and ego state therapy and previous president of SAPSAC (South African Professional Society for the Abuse of Children). Elzette has been trained through the Milton Ericksonian Institute of South Africa in Ericksonian and ego state psychotherapeutic approaches and she is passionate about creative expressive arts in psychotherapy, acknowledging somatic experiences. She has presented at international and national conferences on the utilization of Ericksonian principles in conjunction with ego states therapy, especially utilizing creative expressive arts in psychotherapy.
Abstract

Traumatic stress affects the whole body and results in neurological chaos which often manifests as dissociation and sensory integration challenges, not only in children, but in adults as well. Knowledge regarding the effect of trauma on the body can assist the psychologist in providing containment through grounding, self-regulation and finding body resources by being mindful of bodily sensations and utilizing imagery to expand possibilities. This workshop will present participants with the opportunity to engage experientially with traumatic stress considering the creative expressive arts therapy continuum. This will equip participants in identifying the developmental level on which trauma needs to be addressed, irrespective of the chronological age. Ego state therapy and somatic experiencing will be utilized to demonstrate how the experience of trauma can be contained through sensory engagement using creative expressive arts.