



CPD WORKSHOPS

MAY 2017

4-5 May

Gestalt Therapy

14 General CEUs
Registration Category: Psychologists
Cost: R3000.00

11 May

Couples Therapy

7 General CEUs
Registration Category: Psychologists
Cost: R1500.00

13 May

Trauma Counselling Skills

3 General and 3 Ethical CEUs
Registration Category: Psychologists and
Registered Counsellors
Cost: R1000.00

18 May

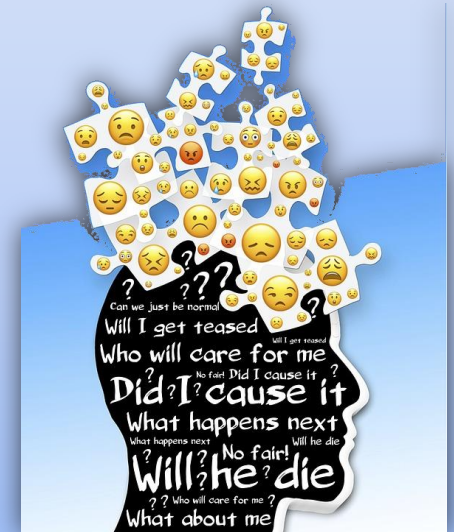
Logotherapy

7 General CEUs
Registration Category: Psychologists
Cost: R1500.00

Trauma counselling skills

In this interactive and hands-on workshop, counsellors and psychologist will gain knowledge and understanding of the following....

- Defining different types of trauma
- Neurophysiological effects of trauma
- Psycho-Social consequences of exposure to trauma
- An understanding of complex trauma
- Healing from childhood sexual abuse
- Post-Traumatic Stress Disorder (PTSD) and how to deal with it in counselling
- Counselling Skills for immediate intervention after a traumatic incident
- A model for Trauma Counselling
- Post traumatic growth and how to encourage it



Logotherapy

During this full day workshop, Logotherapy will be contextualised within the Existential paradigm. Participants will be exposed to the work of Victor Frankl. Logotherapy will be made accessible by the use of video material from Victor Frankl himself. Case studies and live demonstrations will form part of the workshop.

At the end of the workshop participants will have gained the following knowledge and skills:

- An understanding of the basic principles of Logotherapy
- An understanding of the premises of Victor Frankl
- The skill to use Logotherapy and when to use it in the therapeutic process
- The basic Logotherapeutic techniques
- The powerful effect of Logotherapy
- The skill to facilitate meaning making in therapy
- The skill to facilitate changing traumatic events into opportunities for growth

