



PsySSA Student Division Membership
Benefits 2017

1) Rational Behavioural Therapy Training/Workshop:

Up to 7-10 students are trained in the counselling techniques of rational behavioural therapy. Two days are dedicated to undergo extensive training in the theory and application of rational behavioural therapy.

RBT is similar to CBT, however it allows you to teach your client skills on self-empowerment and self-counselling.

The course is provided at R600 per day for 2 days.

Workshop can be arranged on demand but a minimum of 7 participants are required.

Year-round workshop.

2) Counselling Skills Workshop.

The Centre for the Study of AIDS and Gender (CSA) is offering two workshops in the year.

The workshop will be a week-long process of training in counselling skills from basic skills to trauma counselling.

Only 10 participants can participate.

Skills training is being provided at a 50% discount for SD members.

For all SD members in the Gauteng province. Mainly Pretoria and Jhb.

Dates for training to follow soon.

3) Abu Asvat Foundation:

Students get the benefit to present and facilitate workshops to rural school kids and educate them on psychologically relevant issues as well as facilitate critical thinking and problem solving techniques.

This will allow the students to learn presentation skills as well as enhance their facilitation and critical thinking techniques.

Workshop presentations only on demand.

4) Conference Volunteers

SD students get the benefit to apply to volunteer at the PsySSA conferences.

This will allow the students an opportunity to see the current issues of psychology in the country along with building networks.

Volunteers get to attend for free.

They need to fund their own accommodation and transport.

(Applications for INS to open mid-April)

(Applications for PAPU to open July)

5) Mentorship Program

Student members get to apply for our mentorship program. A student gets assigned a student mentor to guide them in understanding the field of psychology.

(applications closed for the year)

6) PsySSA Conference

SD members get to attend and present at the conference at a large discount. If they don't want to volunteer, this option is available.

7) Seminars

SD members can attend seminars and workshops arranged for in their province. They can try to contact their respective liaisons in their university if they wish to specify a seminar topic.