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Response form

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**Question 1: Circle the correct answer.**

1. **In their examination of sources of stress and support among undergraduate students at a university in Mauritius, Pillay and Bundhoo found the following:**
- a) Women reported family illness and difficulties with siblings as significantly less stressful than the men
  - b) Significantly fewer of those participants under the age of 21 years, than those who were 21 and older, reported no relationship stress.
  - c) Among those reporting stress relating to alcohol and/or drug use, significantly more were 21 years and younger.
  - d) More of those over 21 years, than younger participants, felt they had not made the right choice of study.
  - e) Significantly more of those participants in the under 21 year age group than those in the older group found their siblings supportive.

**Question 2: Circle the incorrect answer.**

2. **Shabalala and Jasson's overview of the literature on PTSD symptoms in intellectually disabled victims of sexual assault indicates that:**
- a) Both international and the sparse local literature point to pervasive abuse of people with disabilities.
  - b) There are no statistics on sexual crimes against people with ID in South Africa, possibly because accurate rates of rape are elusive.
  - c) A high percentage of women with disabilities were exposed to physical, financial, sexual and emotional abuse.
  - d) Factors related to ID, such as increased dependency on others for day-to-day care, non-discriminative compliance with demands from others and communication difficulties increase such persons' vulnerability to various forms of sexual abuse.
  - e) While estimated rates of sexual abuse of intellectually disabled (ID) people differ across studies, findings suggest that they are less likely to be sexually victimised than their non-disabled counterparts.

**Question 3: Circle the incorrect answer.**

3. **Mosotho, Louw and Calitz, in their research on the manifestation of anxiety among Sesotho speakers, discovered the following unique complaints or symptoms that have not been documented previously:**
- a) *Talking with the mind* (the patient worries excessively).
  - b) *Thinking deeply* (severe mental exhaustion).
  - c) *Hot head* (mental confusion).
  - d) *Having nerves* (experiencing mental disturbances in general).
  - e) *Feeling dirty* (depersonalisation and derealisation).

**Question 4: Circle the correct answer.**

- 4. Odendaal, Brink and Theron's exploration of Exner's Rorschach Comprehensive System revealed the following case-specific, strategic constructions that the participants used to *self-knit*:**
- a) Emotional stoicism, infrequent introspection, honouring the past and new identity formation.
  - b) Intellectual stoicism, frequent introspection, honouring the present and new identity formation.
  - c) Intellectual stoicism, frequent introspection, honouring the past and new identity formation.
  - d) Emotional stoicism, frequent introspection, honouring the past and new identity formation.
  - e) Emotional stoicism, frequent retrospection, honouring the past and new identity formation.

**Question 5: Circle the correct answer.**

- 5. In their study on relationships between academic achievement and personality dynamics during adolescence, Munteanu, Costea and Paloşcontendas follows:**
- a) Studying the influence of personality types and of motivational structures on academic achievement is important but not complex.
  - b) A direct relationship was found between the personality factors tested and academic achievement.
  - c) All the basic needs they measured impact school efficiency and grades in a meaningful ascending direction during adolescence.
  - d) There is little discrepancy between what is offered by schools and the potentials and needs of adolescents
  - e) Understanding the relationships between motivation and personality in predicting idiosyncratic components of academic performance enables researchers to direct students towards disciplines and programs in which they are most likely to succeed.

**Question 6: Circle the incorrect answer.**

- 6. From their retrospective evaluation of a wilderness-based leadership development programme (LP), Draper, Lund and Flisher concluded as follows:**
- a) The LP offers a relevant programme and has wide reach through its range of client Agencies and organisations.
  - b) Capable and experienced staff plays an invaluable role in achieving this balance.
  - c) Financial accessibility within developing settings is important, and recruitment for Programmes in these settings needs to be wide enough to reach economically disadvantaged individuals and groups.
  - d) Although the LP is accessible to individuals from a range of socioeconomic backgrounds, economically advantaged individuals may have a smaller chance of participating.
  - e) The impact of the LP could be extended by targeting leaders that have the potential to influence wider social structures.

Each correct response will earn half a CPD point. All responses received for the year will be added to a member's CPD points. The Professional Board for Psychology's CPD system provides for full points earned, and half points remaining by December 2011 will be carried forward to the following year. This form should be e-mailed by **31 January 2012** to [cpd@psyssa.com](mailto:cpd@psyssa.com) or faxed by the same date to (011) 486 3266/77. Members may review points gained for this response format at [www.psyssa.com](http://www.psyssa.com) by **6 February 2012**.